

# SOPHIA (SOPHIE) M. LILES

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## EDUCATION

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- 2024-2029 (exp.)      **University of Michigan**, Ann Arbor, MI  
Ph.D., Developmental Psychology  
Advisor: Susan Gelman, Ph.D.  
Advisor: L. Monique Ward, Ph.D.
- 2017-2022              **Scripps College**, Claremont, CA  
Bachelor of Arts in Psychology and Minor in Anthropology  
Summa Cum Laude, with Honors  
Honors Thesis: Lady Lions, Lady Tigers, Lady Bears, Oh My! The Effects of Naming Girls' Teams with "Lady"

## HONORS AND AWARDS

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- 2026                      **Jay and Kay Peters Graduate Psychology Student Award (\$1000)**  
University of Michigan
- 2026                      **Riecker Graduate Student Research Fellowship (\$2150)**  
Center for the Education of Women+  
University of Michigan
- 2026                      **Rackham Travel Grant (\$1200)**  
University of Michigan
- 2025                      **Rackham Precandidate Research Grant (\$1500)**  
University of Michigan
- 2025                      **Barbara Oleshansky Memorial Fund Award (\$1000)**  
University of Michigan
- 2023                      **Travel Award (\$500)**  
Abigail Wexner Research Institute at Nationwide Children's Hospital
- 2022                      **Phi Beta Kappa**  
Scripps College
- 2022                      **Lois Langland Psychology Thesis Award**  
Scripps College
- 2021-2022              **Lori Bettison-Varga Thesis Grant (\$500)**  
Scripps College
- 2020                      **WeAct Grant (\$2000)**  
Scripps College
- 2019                      **Psi Chi**  
Scripps College
- 2017 - 2022            **Dean's List**  
Scripps College

## PUBLISHED MANUSCRIPTS

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1. Karkare, T., Cronin, R. M., Roche, C., Young, A., Quaye, N., **Liles, S. M.**, Ebersole, A. M., Creary, S., & Nahata, L. (2026). Infertility and family-building perspectives among adults with sickle cell disease. *The British Journal of Haematology*, 19(1), 4-12.  
<https://doi.org/10.1111/bjh.70315>

2. **Liles, S. M.**, Quach, J. J., Abdullahi, A. A., Benhayoun, A., Dobbins, S., Orton, K. E., & Olsavsky, A. L. (2025). Adopting DEIA initiatives: Impact on training and culture in pediatric academia. *Clinical Practice in Pediatric Psychology, 13*(2), 208-214. <https://doi.org/10.1177/21694826251319278>
3. Colton, Z. A., **Liles, S. M.**, Griffith, M. M., King, A., Stanek, C. J., Walden, J., Creary, S. E., & Nahata, L. (2025). Using the consolidated framework for implementation research to identify strategies for implementing a reproductive health education program into sickle cell disease care. *Journal of Pediatric Psychology, 50*(1), 30-39. <https://doi.org/10.1093/jpepsy/jsae031>
4. Griffith, M., Walden, J., **Liles, S.M.**, Colton, Z.A., Abrams, M.A., McCorkle, B., Phillips, A., Barnard-Kirk, T., Nahata, L., & Creary, S.E. (2025). A health literature evaluation of a reproductive health education program for young men with sickle cell disease. *Journal of Communication in Healthcare, 1*-9. <https://doi.org/10.1080/17538068.2025.2490419>
5. **Liles, S. M.**, Olsavsky, A. L., Chen, D., Grannis, C., Hoskinson, K. R., Leibowitz, S. F., Nelson, E. E., Stanek, C. J., Strang, J. F., & Nahata, L. (2024). Caregiver recognition of transgender and non-binary adolescent mental health symptoms. *European Journal of Pediatrics, 183*, 4711-4719. <https://doi.org/10.1007/s00431-024-05723-z>
6. **Liles, S. M.**, Crerand, C. E., Buchanan, C., Chan, Y., Chen, D., Hansen-Moore, J., Tishelman, A. C., Umbaugh, H., & Nahata, L. (2024). Healthcare communication satisfaction and psychosocial outcomes in adolescents and young adults with differences of sex development. *Patient Education and Counseling, 125*, 108294. <https://doi.org/10.1016/j.pec.2024.108294>
7. Creary, S. E., **Liles, S. M.**, Colton, Z. A., Stanek, C. J., Hudnall, M. C., & Nahata, L. (2024). Experiences and outcomes of fertility testing in male adolescents with sickle cell disease. *Pediatric Blood & Cancer, 71*(4). <https://doi.org/10.1002/pbc.30848>
8. Nahata, L., **Liles, S. M.**, Gerhardt, C. A., Houston, A. J., Jalili, D., O'Brien, S. H., Vadaparampil, S. T., & Quinn, G. P. (2023). Clinicians' perspectives on barriers and facilitators to sperm banking in adolescent males with cancer: A mixed methods study. *Journal of Assisted Reproduction and Genetics, 40*, 2089-2817. <https://doi.org/10.1007/s10815-023-02944-3>
9. Shankar, D., Stanek, C. J., Bangudi, S., **Liles, S. M.**, Colton, Z. A., Hart, L. C., Cronin, R. M., Creary, & S. E., Nahata, L. (2023). Contraception, pregnancy, and STI counseling and care among transitioning young adults with sickle cell disease. *Blood Advances, 7*(21), 6668-6671. <https://doi.org/10.1182/bloodadvances.2023011008>
10. Stanek, C. J., Creary, S. E., **Liles, S. M.**, Colton, Z., Quinn, G. P., & Nahata, L. (2023). FUTURES: Efficacy and acceptability of a novel reproductive health education program for adolescent males with sickle cell disease. *Blood Advances, 7*(21), 6648-6651. <https://doi.org/10.1182/bloodadvances.2023011024>
11. Colton, Z. A., Stanek, C. J., **Liles, S. M.**, Baker, C., Barnard-Kirk, T., Chan, P., McCorkle, B., Quinn, G. P., Shen, Y., Theroux, C. I., Creary, S. E., & Nahata, L. (2023). Study protocol for FUTURES: Testing a web-based reproductive health education program for adolescent and young

adult males with sickle cell disease. *PLOS ONE*, 18(7).  
<https://doi.org/10.1371/journal.pone.0289039>

### **TALKS AND COLLOQUIUMS**

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1. (February 2026). Are sports for boys? Gender stereotypes about sports in children ages 5-7. Pat Gurin Lecture Series Colloquium, University of Michigan.

### **CONFERENCE PRESENTATIONS**

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1. **Liles, S. M.**, Gelman, S. A. (2026). Are sports for boys? Gender stereotypes about sports in children ages 5-7. Poster presented at Cognitive Development Society, Montreal, Canada.
2. **Liles, S. M.**, & Ward, L. M. (2026). Sports, gender beliefs, and mental health in Asian, Black, and White adolescent boys. Poster presented at Society for Research on Adolescence, Toronto, Canada.
2. Barnard-Kirk, T., Griffith, M. M., Colton, Z. A., **Liles, S. M.**, King, A., Stanek, C. J., Walden, J., \*Creary, S. E., & \*Nahata, L. (2023). Using a community engaged approach for designing and implementing a reproductive health education program for adolescent males with sickle cell disease. Panel presented at Society of Pediatric Psychology Annual Conference, New Orleans, Louisiana.
3. Jalili, D., **Liles, S. M.**, Gerhardt, C., Houston, A., O'Brien, S., Vadaparampil, S. T., Quinn, G., & Nahata, L. (2023). Clinicians' perspectives on barriers and facilitators to sperm banking in adolescent males with cancer: A mixed methods study. Poster presented at American Society for Reproductive Medicine Conference, New Orleans, Louisiana.
4. Shankar, D., Stanek, C. J., Bangudi, S., **Liles, S. M.**, Colton, Z. A., Creary, S. E., & Nahata, L. (2023). Reproductive and Sexual Health Screening and Education among Transitioning Adolescents and Young Adults with Sickle Cell Disease. Poster presented at Pediatric Academic Society Conference, Denver, Colorado.
5. Creary, S., **Liles, S. M.**, Colton, Z. A., Stanek, C. J., Hudnall, M., & Nahata, L. (2023). Experiences and outcomes of fertility testing in male adolescents and young adults with sickle cell disease. Poster presented at American Society of Hematology Conference, San Diego, California.
6. **Liles, S. M.**, & Groscup, J. L. (2022). Lady lions, lady tigers, lady bears, oh my! Naming youth athletic teams with "Lady". Poster presented at the 2023 Society for Research in Child Development Biennial Conference, Salt Lake City, Utah.
7. **Liles, S. M.**, Olsavsky, A. L., Grannis, C., Stanek, C. J., Nelson, E. E., Hoskinson, K. R., & Nahata, L. (2022). Parent-adolescent concordance of mental health concerns in transgender youth. Poster presented at the 2023 Society for Research in Child Development Biennial Conference, Salt Lake City, Utah.
8. Colton, Z. A., Stanek, C. J., **Liles, S. M.**, Theroux, C. I., Quinn, G. P., Creary, S. E., & Nahata, L. (2022). Development of a sickle cell disease fertility education program for male adolescents and young adults. Abstract submitted to the 2023 Society for Pediatric Psychology Annual Conference, Chicago, Illinois.

9. Wood, S. A., Hengerer, D. R., **Liles, S. M.**, Zhao, J., & Dileep, A. (2022). Covid-19, emotional distress, and fraud. Poster presented at the 2022 Western Psychological Association Annual Meeting, San Francisco, California.
10. Wood, S. A., Hengerer, D.R., Xi, P.M., Liu, P., Zeichick, K., Park, P., **Liles, S. M.**, Dewan, V., & Muskat M. (2020). Susceptibility to lottery scams across the lifespan. Poster presented at Western Psychological Association Annual Meeting March 2021 (virtual due to COVID19).

## **RESEARCH EXPERIENCE**

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- 2024 – Present **Graduate Student Research**  
 Conceptual Development Lab  
 University of Michigan, Ann Arbor, MI  
**PI:** Susan Gelman
- 2024 – Present **Graduate Student Research**  
 Ward Lab  
 University of Michigan, Ann Arbor, MI  
**PI:** L. Monique Ward
- 2022 - 2024 **Clinical Research Coordinator**  
 The Research Institute at Nationwide Children’s Hospital  
 Center for Biobehavioral Health, Columbus, OH  
**PI:** Leena Nahata, M.D.  
**Projects:** FPDAD: Fertility Preservation Discussions and Decisions; FUTURES: Fertility Education to Understand Reproductive Health in Sickle Cell Disease; Adult Sickle Cell and Reproductive Health Study  
**General Responsibilities:** Prepare Institutional Review Board materials; recruit participants; conduct qualitative interviews; data management in REDCap; carry out quantitative data analysis in SPSS; contribute to manuscript development and dissemination efforts
- 2021 **Gender Equity Intern**  
 Tucker Center for Research on Girls and Women in Sport  
 University of Minnesota Minneapolis, MN  
**Primary supervisor:** Nicole LaVoi, Ph.D.  
**Projects:** Coach Perceptions of Female Athletes, Systematic Barriers Faced by Female Coaches, Transgender Inclusion in Sports, Eating Disorder Interventions for Athletes  
**General Responsibilities:** independently conducted a research project and presentation on the importance of transgender inclusion in sport, thematically coded survey and interview data, conducted literature reviews

## **TEACHING EXPERIENCE**

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**PSYCH 250 Introduction to Developmental Psychology**, University of Michigan

*Graduate Student Instructor*, Winter 2025, Winter 2026

*Lead Graduate Student Instructor*, Fall 2025

Primary Supervisors: L. Monique Ward, Ph.D. (W25, W26), Ioulia Kovelman, Ph.D. (F25)

- Responsibilities: Lead GSI (F25) responsible for aiding in exam preparation; Led weekly 50 minute discussion sections for 24 students (W25), 73 students (F25), and 66 students (W26);

designed syllabus and weekly content; held weekly office hours; graded all student projects and papers

**PSYCH 131 Clinical Neuropsychology**, Scripps College

*Course Assistant*, Fall 2020, Fall 2021

Primary Supervisor: Stacey Wood, Ph.D.

- Responsibilities: taught students to conduct and score neuropsychology assessments such as the Repeatable Battery for the Assessment of Neuropsychological Status (RBANS), Montreal Cognitive Assessment (MoCA), Stroop, Trail Making Test, and ImpACT; graded lab reports; administered exams

**NEURO 095 Foundations of Neuroscience**, Scripps College

*Course Assistant*, Spring 2020

Primary Supervisor: Stacey Wood, Ph.D.

- Responsibilities: tutored students in brain anatomy; assisted with sheep brain dissection; graded student labs

**PSYCH 104 Research Design in Psychology**, Scripps College

*Course Assistant*, Fall 2019

Primary Supervisor: Jennifer Ma, Ph.D.

- Responsibilities: tutored students in SPSS skills and research methods, held weekly office hours to work with students one on one

**Core 1**, Scripps College

*Course Mentor*, Fall 2018

Primary Supervisor: YouYoung Kang, Ph. D.

- Responsibilities: acted as a peer mentor for first year students; held weekly office hours and writing workshops; tutored students in how to write their first academic papers

**MENTORING**

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2026	<b>Michigan Summer Program in Cognition &amp; Early Development (MSPICED)</b> University of Michigan Ann Arbor, MI Will serve as the primary mentor for an REU student for a 9 week summer program
2025 - Present	<b>Undergraduate Research Assistants</b> University of Michigan Ann Arbor, MI Supervised and Mentored: Marissa Ewald, Mikalea Goytizolo, Jamie Harrison, Mary Kascur, Anastasia Shaw, Samantha Vandever
2024 - 2025	<b>Michigan Association of Psychological Scholars Mentor</b> University of Michigan Ann Arbor, MI Responsibilities: Mentored an undergraduate psychology major on topics including how to get research experience, applying to graduate school, and general career advice
2023	<b>Healthy Neighborhoods Healthy Families Summer Student Program Leader</b> Nationwide Children's Hospital

Columbus, OH

Responsibilities: Created a program for local high school students to gain exposure to clinical research, coordinated with labs across the hospital to find appropriate and engaging experiences for the students, mentored 2 students on their end of program project

### **OTHER PROFESSIONAL EXPERIENCE**

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- 2022 - 2024      **Diversity, Equity, and Inclusion Orientation, Presenter/Committee Member**  
 Nationwide Children's Hospital  
 Columbus, OH  
 Responsibilities: Selected to plan and deliver a center wide presentation on current DEIA initiatives at the hospital, presented on research ethics and past research abuses
- 2022 - 2024      **Post-Baccalaureate Program, Committee Member**  
 Nationwide Children's Hospital  
 Columbus, OH  
 Responsibilities: Assist in the planning of monthly seminars focused on professional development, research skill development, and graduate school preparation; assist in the development of a survey to evaluate program outcomes
- 2022 - 2024      **Inclusivity in Research, Committee Member**  
 Nationwide Children's Hospital  
 Columbus, OH  
 Responsibilities: Participate in monthly committee meetings; assemble learning materials and arrange training opportunities for presentation to department; develop and arrange relevant trainings for expanding inclusive practices in clinical research
- 2021-2022      **Cross Country Team Equity Liaison**  
 Claremont-Mudd-Scripps Athletics  
 Claremont, CA  
 Responsibilities: Nominated by teammates to serve as a liaison between the Dean of Diversity, Cross Country team, and Cross Country teammates; lead conversations about team culture, diversity, equity, and inclusion among 70 team members and 3 coaches; successfully advocated for ending harmful traditions that promoted division; moderated discussions between individual people who had interpersonal conflicts

### **ADDITIONAL SKILLS AND TRAININGS**

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- Skills: Data management and analysis in SPSS and R; REDCap; EndNote; NVivo; Epic (medical record system); trained to administer MMSE, RBANS, MOCA, Stroop, Trailmaking
- Trainings: Four-week SPSS Workshop at Nationwide Children's Hospital; George Gopen "Reader Expectation Approach" writing workshop at Purdue University; CITI Human Subjects Research; Edex Harvard Data Science: R Basics, Edex Stanford: R Programming Fundamentals