

# Julia Smoot

## Curriculum Vitae

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## Education

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**2023-Present University of Michigan:** Ann Arbor, MI

Rackham Graduate School: Gender and Feminist Psychology PhD

- Mentor: Dr. Sara McClelland
- First year doctoral student

**2022-23 University of Michigan:** Ann Arbor, MI

Rackham Graduate School: M.S. Psychology 2023

- AMDP Program in Personality and Social Contexts Psychology
  - GPA: 3.89
- Rackham Merit Fellowship Award Winner
- Thesis Title: *Measurements of Sexual Guilt v.s. Conservatism Among Sexually Liberal Individuals: The Revised Mosher Sex Guilt Inventory and Other Measures*
- Mentor: Dr. Terri Conley Gender and Feminist Psychology Area Chair; Professor of Psychology

**2018-22 University of Michigan:** Ann Arbor, MI

College of Literature, Science, and the Arts-

Honors College: Bachelor's of Science 2022

- Overall GPA: 3.589
  - Major GPA (Cognitive Science) 3.83
- Mathematical Sciences (Operations Research and Modeling) and Cognitive Science (Decision & Cognition) Double Major
- Minor in LGBTQ+ Studies
- High Honors in Cognitive Science, Thesis "*A Test of the Validity of the Mosher Sex Guilt Inventory in Measuring Sex Guilt*"- Mentor Dr. Terri Conley Gender and Feminist Psychology Area Chair; Professor of Psychology

## Papers

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*Measurements of Sexual Guilt v.s. Conservatism Among Sexually Liberal Individuals: The Revised Mosher Sex Guilt Inventory and Other Measures*

Klein, V., Kahalon, R., Savas, Ö., Shukla, I., Smoot, J., Conley, T. (2022) *Psychological research on women and gender - Does it lack sample diversity?* (Under Review, Psychology of Women Quarterly)

Smoot, J. (2023) *Measurements of Sex Guilt v.s. Conservatism in Sexually Liberal Individuals: The Revised Mosher Sex Guilt Inventory* (Unpublished Master's Thesis)

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## Research Interests

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- Measurements Sexual Guilt in Research
- Cultural Context of Identity
- LGBT+ and Queer Identity Formation
- Sex Differences in Behavior

## Research Experience

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|--------------|---|
| 2021-Present | <u>Stigmatized Sexualities Lab- P.I. Dr. Terri Conley</u> <ul style="list-style-type: none"><li>• Conducting a 250 participant, in person, prime study to test the validity of a measure of sexual guilt</li><li>• Recruiting, mentoring, and training undergraduate research assistants to effectively lead participants through a priming task and computer survey</li><li>• Proofreading and editing scientific papers</li><li>• Using SPSS software to to analyze data collected with Qualtrics</li></ul> |
| 2020         | <u>Cognition and Aging Lab- P.I. Dr. Cindy Lustig</u> <ul style="list-style-type: none"><li>• Recruiting &gt;100 paid participants through cold calls and emails</li><li>• Directing participants on the completion of a sternberg memory task</li><li>• Using a heart rate monitor to record stress levels in participants throughout the task</li></ul>   |

## Honors, Awards, and Nominations

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### Funding Awards

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|------|--|
| 2022 | Lelahni L. Wessinger Fund                  |
| 2022 | Rackham Merit Fellowship                   |
| 2021 | Honors Thesis Funding in Cognitive Science |

### Honors

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|------|--|
| 2022 | High Honors in Cognitive Science               |
|      | Cognitive Science Student Commencement Speaker |

### Nominations

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|------|---|
| 2023 | Psychology Excellence in Mentorship Award   |
|      | I was nominated for this award by the UROP students whom I mentor and Dr. Terri Conley, in their nomination, they stated: |

# Julia Smoot

- "Julia is an amazing young woman academically and professionally. She displays an enthusiastic attitude toward learning and is always prepared to dedicate herself to her goals."
- "She is incredibly communicative, and consistently demonstrates the kind of mentor I would hope to be some day."

**2022** Robert J. Glushko Undergraduate Thesis Award for Outstanding Cognitive Science Research

**2022** Sam Epstein Award for Contributions to Theoretical Cognitive Science

## Professional Memberships

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**2023 - Present** Association of Women in Psychology

**2022 - Present** Society of Personality and Social Psychology

## Poster Presentations

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**March 2023** Association of Women in Psychology

- ❖ Measurements of Sexual Guilt vs. Conservatism Among Sexually Liberal Individuals: The Revised Mosher Sex Guilt Inventory and Other Measures

**February 2023** Society of Personality and Social Psychology

- ❖ Measurements of Sexual Guilt vs. Conservatism Among Sexually Liberal Individuals: The Revised Mosher Sex Guilt Inventory and Other Measures

**April 2022** Undergraduate Research Symposium

- ❖ A Test of the Validity of the Mosher Sex Guilt Inventory in Measuring Sex Guilt

## Conference Attendance

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**March 2023**

Association of Women in Psychology  
Poster Presentation

**February 2023**

Society of Personality and Social Psychology  
Sexuality Pre-Conference Poster Presentation

**October 2022**

Midwest Bisexual Lesbian Gay Transgender Asexual College Conference (MBLGTACC)

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Workshop Track: Doing the Work in Rural & Small Communities

## Teaching Experience

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- 2023**      **University of Michigan Introductory Psychology: Psych 111**  
*Graduate Student Instructor*
- Writing original multiple choice and free response exam questions that incorporated both lecture and supplementary material
  - Hosting office hours and providing students with individualized support
  - Coordinating and hosting exam review sessions for 300+ students
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- 2022**      **University of Michigan Bridge Program: Math 103**  
*Course Assistant*
- Teaching an Algebra course for incoming freshmen and presenting supplemental course materials to cater to a variety of learning styles and abilities
  - Creating individualized plans for students who were struggling in the course
  - Advocating for students with disabilities to receive accommodations and university resources
  - Acting as a liaison for communication between administration, teaching staff, and students
- 2021**      **DiagKNOWstics Learning**  
*Curriculum Creation (Intern)*
- Creating teaching materials for Algebra 1 and Geometry courses
  - Writing original blog posts about math education and learning
  - Using LaTeX and the Tikz library

## University Service and Leadership Experience

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- 2022- Present**      **UROP Mentorship- Conley Lab**
- Training undergraduate students in experimental methodology and lab procedures
  - Creating resource materials for undergraduate RAs
  - Advising students to help them to meet their academic and professional goals
- 2021-22**      **Women in Math Vice President**
- Managing a budget composed of both department funding and fundraising income
- 2021-22**      **Cognitive Science Peer Facilitator**
- Coordinating events that built communities of Cognitive Science students
  - Advising students on classes and majors that best fit their interests
- 2019 - Present**      **Michigan Dressage Team: Founder and President**

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- The Michigan Dressage Team is an equestrian organization dedicated to building a diverse community of riders at the University of Michigan and making the sport of dressage accessible to all students, no matter their financial background.
- Recruiting new members of all experience levels
- Planning and coordinating transportation, lodging, and funding for multi-day, out of state riding competitions.