**Allura Sandra Casanova**

University of Michigan

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**EDUCATION**

2022 **University of Michigan,** Ann Arbor, MI: 2016-2023

Joint PhD in Psychology and Women’s and Gender Studies (Expected 2023)

*Dissertation Title: #MenToo: Men’s Experiences of Sexual Harassment Within a Female- Dominated Setting*

2019  **University of Michigan**, Ann Arbor, MI: 2016-2019

Master of Science, Psychology September 2019

*Thesis: Brotherhood runs deep: The sexual harassment of men in the military.*

2016  **CUNY John Jay College of Criminal Justice**, New York, NY: 2012-2016

Bachelor of Science, Forensic Psychology May 2016: GPA 3.69

Bachelor of Arts, Global History May 2016

*McNair Thesis: Mr. Mom: The Negative Perceptions of Black and White Stay at Home Fathers*

**HONORS, FELLOWSHIPS, AND AWARDS**

Rackham Conference Travel Grant, University of Michigan, Rackham Graduate School: Winter 2022 ($1150)

Dissertation Writing Institute Fellowship, University of Michigan, LSA/Rackham Graduate School/Sweetland Center for Writing: Spring 2022 ($4,000)

Diversity, Equity, and Inclusion (DEI) Award, University of Michigan, LSA DEI Department and Psychology Department: Winter 2021 ($800)

Diversity Student Research Award, University of Michigan, Psychology Department: Winter 2021 ($500)

Dissertation Writing Group Leader, University of Michigan, Sweetland Center for Writing: Winter 2021 ($600)

Rackham Humanities Research Candidacy Fellowship, University of Michigan,   
Rackham Graduate School: Winter 2021, Spring/Summer 2021 (Stipend of $11,217, Tuition & Healthcare benefits per term)

Sexual Harassment and Gender-Based Violence Award, University of Michigan, Women’s and Gender Studies Department: Summer 2020 ($900)

Rackham Professional Development Grant, University of Michigan, Rackham Graduate School: Fall 2019 ($400)

Library Mini Grant, University of Michigan, University of Michigan Library: Fall 2019 ($1,000)

Rackham Student Travel Grant, University of Michigan, Rackham Graduate School: Winter 2019 ($800)

Foreign Language and Area Studies Fellowship, University of Michigan, International Institute: Winter 2019 ($7,500 stipend & Tuition) – Declined

Foreign Language and Area Studies Fellowship, University of Michigan, International Institute: Summer 2018 ($5,500)

Rackham Merit Fellowship, University of Michigan, Rackham Graduate School: Fall 2016 – Winter 2022 (Stipend, Tuition, & Healthcare benefits per term)

Ronald E. McNair Scholar, John Jay College of Criminal Justice: Fall 2014 – Winter 2016 ($3000)

**RESEARCH INTERESTS**

Masculinity

Marginalized Men

Mental Health

Intersectionality

Gender Discrimination

Sexual Harassment

Health Disparities

Classism

**PUBLICATIONS**

*\**These authors contributed equally.

*Published*

Watkins, D. C., Goodwill, J. R., Johnson, N. C., **Casanova, A.**, Wei, T., Allen, J. O., Williams, E. G., Anyiwo, N., Jackson, Z., Talley, L. M., & Abelson, J. M. (2020). An online behavioral health intervention promoting mental health, manhood, and social support for Black men: The YBMen project. *American Journal of Men’s Health.*

*Under Review*

**Casanova, A.** & Watkins, D. (Revise and Resubmit). “Sometimes You Just Need to be Heard”: Forms of Social Support for Black College Men. Forgotten Realities of Men. Book Chapter.

Williams, E., **Casanova, A.**, & Watkins, D. C. (Revise and Resubmit). Black Boys’ Perceptions of Depression and Mental Health: Findings from the YBMen Project. *Special Issue Journal of Social Problems*.

*In Progress*

**Casanova, A.**, Aguinaldo, E. R., Mention, N., & Watkins, D. (In Progress) Regressive or Progressive? Manifestations of Masculinity and its Influence on Young Black Men’s Mental Health

**Casanova, A.** & Watkins, D. C. (In Progress) “No lie, It’s a struggle out here” Exploration of Mental Health Barriers for Young Black Men.

Kiebler, J., & **Casanova, A.** (In Progress). Classist Work Environments at Primarily White and Wealthy Institutions of Higher Education: Apprehension to Report Experiences of Sexual Harassment Among low-level employees.

**RESEARCH EXPERIENCE**

*Graduate Research Experience*

**University of Michigan, School of Social Work**

Daphne C. Watkins, PhD, Professor of Social Work, Gender and Feminist Psychology Faculty Affiliate, May 2019 – Present

*Primary Investigator/Co-Investigator*

**University of Michigan, Department of Psychology and Women’s Studies**

Lilia Cortina, PhD, Professor of Psychology and Women's Studies, May 2017- Present

*Primary Investigator/Co-Investigator*

**University of Michigan, Department of Personality and Social Contexts Psychology**

Myles Durkee, PhD, Assistant Professor of Psychology, May 2017 – 2019

*Graduate Student Researcher*

Terri Conley, PhD, Professor of Psychology, August 2016 – May 2017

*Graduate Student Researcher*

*Undergraduate Research Experience*

**John Jay College for Criminal Justice, Department of Psychology**

Assistant Professor Daryl A. Wout, PhD, Fall 2013 – June 2017

*Primary Investigator/Research Assistant*

Ronald E, McNair Scholar, Alexis Hiralal, MA, MSW, Fall 2013 – January 2016

*Research Assistant*

Ronald E, McNair Scholar, Jamel Love, BA, March 2014 – January 2016

*Research Assistant*

Department of Psychology, Evan Dawson, PhD, June 2014 – September 2014

*Research Assistant*

**TEACHING EXPERIENCE**

**Head Instructor, University of Michigan, 2023**

**PSYCH 401- 015 Psychology of Men and Masculinity**: Expected Winter 2023│University of Michigan

**Overall Student Evaluation:** TBD

**Course Description:** Men are constantly expected to adhere to an unrealistic masculine ideal; and while masculinity is hardly a new concept rarely are students given the opportunity to take a deeper dive into the lives of men. The goal of this course is to help students take an interdisciplinary approach on studying men by incorporating feminist literature on masculinity theory to understand how men navigate their lives. Like women, men deal with gender norms but also masculinity expectations that police them on how to act and influence every aspect of their being. We will explore masculinity in different contexts and aspects of men’s life and pay special attention to power structures that exist such as hierarchy within and between different masculinities, breaking down misconceptions around hegemonic dominant forms of masculinity, and analyze racial and culturally specific forms of masculinity.

**Graduate Student Instructor (GSI) Teaching Orientation Facilitator**: September 2019 – May 2020│University of Michigan

**Overall Graduate Student Evaluations:** 5/5

**Responsibilities:**

* Supervised 5-8 new GSIs to help them prepare for their initial teaching experiences.
* Provided the opportunity for new GSIs to practice teaching a five-minute lesson to an interdisciplinary group of graduate students.
* Watched each teaching lesson while providing crucial feedback to improve GSI teaching styles, delivery, and organization of their lectures.

**Graduate Student Instructor, University of Michigan, September 2017 – May 2019**

*University of Michigan, Women’s, and Gender Studies Department (WGS)*

**WGS 240 Intro to Women’s Studies**: Winter 2019│University of Michigan

**Head Instructor:** Dr. LaKisha Simmons

**Overall Student Evaluations:** 4.9/5

**Additional:** Race & Ethnicity Requirement

**Responsibilities:**

* In charge of two, 2-hour long discussion sections (25 students max per section).
* Held office hours once a week to help with student inquiries, engage with complex theoretical articles, and providing feedback on final papers.
* Facilitated discussion questions, paired students in think-pair-share groups, and assigning weekly writing assignments that reinforced materials presented in lecture.
* Worked together in a team of 9 GSIs to prep lesson plans prior to discussion sections, create bi-weekly quizzes and grading essays.

**WGS 300 Men’s Health**: Fall 2018│University of Michigan

**Head Instructor:** Dr. Timothy R. B. Johnson

**Overall Student Evaluations:** 4.8/5

**Responsibilities:**

* Taught as the sole GSI, and supervised 74 undergraduate students
* Lectured in 3 1-hour discussion sections, held office hours, and met weekly with the head instructor.
* Created, prepped, and administered exams.
* Edited and added additional material/requirements to the course syllabus to address conflicts within the class.
* Guest lectured for three weeks and coordinated presentations with additional lectures.

*University of Michigan, Psychology Department (PSYCH)*

**PSYCH 111 Introduction to Psychology**: Winter 2018│University of Michigan

**Head Instructor:** Dr. Shelly Schreier

**Overall Student Evaluations:** 4.7/5

**Responsibilities:**

* Oversaw 160 undergraduate students and held office hours.
* Graded multiple choice and short answer exams, and essays.
* 3-person GSI team, I worked together with the professor to help develop multiple choice and short answer exams, each of the essays, and test reviews. Lastly, I helped to proctor exams and held review sessions with my fellow GSIs.

**PSYCH 111 Introduction to Psychology**: Fall 2017 │University of Michigan

**Head Instructor:** Dr. Marion Perlmutter

**Overall Student Evaluations:** 4.7/5

**Additional:** Honor’s Course Instructor

**Responsibilities:**

* Oversaw 75 undergraduate students and held three 1-hour discussion sections.
* Produced multiple materials for class including, test review prep, study guides and weekly writing reports.
* Within a 4-person GSI team, my position was the Exam Content Leader; my responsibilities included creating around 50-100 questions per exam (3 in total), editing, and checking questions prepared by the other GSIs, and determining if questions are relevant to the course before giving the exam draft to the head instructor.
* Oversaw an Honor’s Course and met with one student weekly and discussed additional material to the course. This included creating a separate syllabus, additional course requirements and a final project.

**INVITED PRESENTATIONS**

**Casanova, A. (**2022, October). Guest Lecture “TBD” For the class “Social Psychology of Subtle Gender Bias”. University of Michigan, Ann Arbor

**Casanova, A.** (2019, October). Guest Lecture “Multiple Masculinities” for the Class “Men’s Health.” Women’s Studies (300). University of Michigan, Ann Arbor.

**Casanova, A.** (2019, February). Guest Lecture “Queer Masculinity” for the Class “Intro to Women’s Studies.” Women’s Studies (240). University of Michigan, Ann Arbor.

**Casanova, A.** (2018, December). Guest lecture “Sexual Harassment of Men” for the Class “Men’s Health.” Women’s Studies (300). University of Michigan, Ann Arbor.

**Casanova, A.** (2018, October). Guest lecture “Hegemonic and Toxic Masculinity” for the Class “Men’s Health.” Women’s Studies (300). University of Michigan, Ann Arbor.

**Casanova, A.** (2018, October). Panel “LGBT Experiences with Health Care and Mental Health” for the Class “Men’s Health.” Women’s Studies (300). University of Michigan, Ann Arbor.

**CONFERENCE PRESENTATIONS AND WORKSHOPS**

*Workshops*

*\**These authors contributed equally.

**Casanova, A.** *Strategies for effective anti-racist allyship within your sphere of influence: In Research & Personal Networks,* Maine Medical Center Research Institute, Consultation Workshop (Paid), June 25, 2021, May 2, 2022 & May 17, 2022.

Salazar, M. M.\*, **Casanova, A**\*, & Kiebler, J.\* *Strategies for effective anti-racist allyship within your sphere of influence*. Society for Personality and Social Psychology Annual Convention, Virtual Convention, February 9-13, 2021.

Jackson, Z., Talley, L., & **Casanova, A.** *The YBMen Project: The Young Black Men, Masculinities, and Mental Health Project*. Depression on College Campuses, Ann Arbor, Michigan, March 18-19, 2020. \*Canceled due to COVID-19\*

**Casanova, A.\***, Marathe, M.\*, & Pettit, C.\* *Psych!* *An Interdisciplinary Conversation about Histories and Science of the Mind*. Eisenberg Institute for Historical Studies, University of Michigan, Ann Arbor, Michigan, April 5, 2019.

*Conference Presentations (Oral)*

**Casanova, A.** *Brotherhood runs deep: The Sexual harassment of Men in the Military.* Fighting Injustice: The power of research, policy and activism in challenging times, San Diego, California, June 21-23, 2019.

**Casanova, A.** & Wout, D. *“Mr. Mom”: Perceptions of Black and White stay at home fathers.* McNair Scholars Conference, Buffalo, New York, 2015.

*Conference Presentations (Poster)*

## Casanova, A. *#MenToo: Men’s Experiences of Sexual Harassment Within a Female-Dominated Setting.* Reenergizing Ourselves and Our Communities: Connections Across Borders and Barriers. Annual Conference, San Juan, Puerto Rico, June 24-26, 2022.

## Casanova, A. *#MenToo: Men’s Experiences of Sexual Harassment in a Female-Dominated Setting.* ICOS Dissertation Poster Session, University of Michigan, April 15, 2022.

**Casanova, A.** & Durkee, M. *Where do I belong? Development of the Cultural*

*Invalidation Scale*. Construction of the ‘Other’ Development, Consequences, and Applied Implications of Prejudice and Discrimination, Rio Grande, Puerto Rico, December 10-12, 2020. \* Canceled due to COVID-19\*

**Casanova, A.** & Wout, D. *“Mr. Mom”: Perceptions of Black and White stay at home fathers.* American Men and Masculinities 25th Annual Conference, Ann Arbor, Michigan, April 2017.

**Casanova, A.** & Wout, D. John Jay College Student Showcase, New York City, NY 2015

**STUDENT ADVISING AND MENTORING**

**Primary Investigator & Graduate Student Mentor (2021-present):**

|  |  |
| --- | --- |
| Rebekah Monroe | Lab Manager |
| Alyan Layug | Research Assistant |
| Angela Brown | Research Assistant |
| Rima Rahman | Research Assistant |

**Undergraduate Senior Thesis Graduate Student Mentor:**

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| --- | --- |
| Allison Knox | “Living Context as Moderator of the Effects of Racial Microaggressions on Black and Latinx Students’ Mental Health,” Psychology, University of Michigan, 2018 |
| Nicholas Powell | “Campus Involvement’s Role in Moderating the Effects of Racial Microaggressions and Racism on Black and Latinx Students’ Academic Achievement,” Psychology, University  of Michigan, 2018 |

**Summer Research Opportunity Program Graduate Student Mentor:**

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| --- | --- |
| Jabarey Wells | “Racial Identity, Discrimination, and Political Activism,” Psychology, University of Michigan, 2019 |
| Ariana Munoz-Salgado | “Latino Enough? Spanish Fluency and Family Language Context Predict Invalidations of Cultural “Authenticity,” Psychology, University of Michigan, 2019 |

**UNIVERSITY LEADERSHIP AND SERVICE**

*Departmental*

* **Psychology & Women’s and Gender Studies Departmental Associate,** *University of Michigan*, Fall 2022 – Winter 2023
* **Celebrating Latinx Culture Through Art — Exhibition Lead Curator,** *University of Michigan***,** June 2021 – Present
  + As part of diversity initiatives, the Psychology Department at the University of Michigan has funded a project to increase Latinx/e presence throughout East Hall. Three Members of the student organization Latinx Student Psychology Association, Allura Casanova, Andres Pinedo, and Rebeca Maxon researched and collected 10-12 pieces of art created by Latinx artists. This exhibition celebrates the heterogeneity/diversity of Latinx/e people and cultural aspects that remind us of home (e.g., being proud of our heritage, wearing our flags, embracing religion, celebrating family and important holidays).
* **LSA Graduate Education’s Applying to Graduate School: A First-Gen Student Perspective —Panelist,** *University of Michigan,* October 2021
* **Psychology & Women’s and Gender Studies Program: Graduate Student Admissions Committee – Graduate Student Committee Member,** *University of Michigan,* December 2020-January 2021
* **Diversity Recruitment Weekend: Department Video Lab Tours – Personality and Social Contexts & Women’s and Gender Studies,** *University of Michigan,* October 2020
  + Every year the Psychology department hosts a Diversity Recruitment Weekend (DRW) where we invite approximately 15-30 undergraduate students from marginalized backgrounds (e.g., first-gen, low SES, racial minority, LGBTQ+) to tour and learn about the department. During this weekend, students meet with potential faculty mentors and current graduate students. Due to COVID-19, we could not invite students to our campus this year, therefore, DRW was 100% online. I participated in developing a video tour of the different labs two videos highlighting the different labs, professors, and students in their two areas (Personality and Social Contexts & Women’s and Gender Studies). This video has been presented at multiple recruitment weekends and shared with other programs at UofM committed to DEI initiatives.
* **Psychology Student Academic Affairs Committee – Graduate Student Area Representative (Women’s and Gender Studies),** *University of Michigan***,** September 2020 – April 2021
* **First Generation Graduate Student Advisory Committee – Committee Member,** *University of Michigan***,** January 2020 – December 2020
* **Latinx Student Psychology Association (LSPA) – Psychology Diversity Committee Representative,** *University of Michigan*, May 2019 – April 2020
* **Diversity Recruitment Weekend: Graduate Student Panels** **– Committee Member,** *Department of Psychology*,*University of Michigan,* October 2019
* **Preview Weekend Graduate Student Panel – Organizer & Moderator,** *Asian Languages & Culture (ALC), University of Michigan,* November 2019

*Graduate Student Organizations*

* **Japanese Studies Interdisciplinary Colloquium Coordinator (JSIC),** *University of Michigan*, September 2018 – May 2020
* **Michigan Association of Psychological Scholars Mentor,** *University of Michigan*,

September 2016-2017

*Outreach*

[**ChicagoCHEC**](https://chicagochec.org/fellows/) **– Guest Speaker,** Chicago, Illinois, July 2022

* This is a national cancer research program open to a diverse group of undergraduate and postbaccalaureate students to give them the skills to apply to graduate or medical school. I was invited as a guest speaker to discuss my journey to graduate school and provided detailed recommendations on graduate school applications and how to transition to graduate work.

**Latino Outreach,** *Pioneer High School*, *Ann Arbor,* *Michigan*, September 2017-2019

* This is the start of a new program joining the graduate students within the Latinx Student Psychological Association at the University of Michigan with a local resident high school. The purpose of the program is to encourage and support the development of Hispanic high school students to apply and prepare for college.

**Latinas On the Verge of Excellence Mentoring Program,** International High School at LaGuardia, New York City, October 2015-May 2016

* Latinas On the Verge of Excellence (L.O.V.E) is a program dedicated to working with young Hispanic women in various high schools across New York City. The purpose of L.O.V.E. is to support and empower young Latinas to strive for success, both in school and in life, through health interventions targeted at mental, reproductive, and physical health as well as career readiness and mentorship. In this program, each undergraduate student mentor works to help empower, provide advice/support, and serve as a role model for their mentees (4-5 mentees per mentor).

*Research*

* **STAR Scholars Program (Students Tackling Advanced Research**) **“Day in the Life of Grad Students” Workshop – Graduate Student Presenter,** *University of Michigan*, March 15, 2022
* **STAR Scholars Program (Students Tackling Advanced Research**) **“Day in the Life of Grad Students” Workshop – Graduate Student Presenter,** *University of Michigan*, March 16, 2021
* **Summer Research Opportunities Program (SROP) – Graduate Student Mentor,** *University of Michigan,* June 2018-August 2018, Faculty Advisor: Myles Durkee, PhD
* **Undergraduate Research Opportunities Program (UROP) – Graduate Student Mentor,** *University of Michigan,* October 2017 - May 2018*,* Faculty Advisor: Myles Durkee, PhD

**LANGUAGE PROFICIENCIES**

Modern Japanese (intermediate speaking, intermediate reading proficiency)