

Anatomical Votive Instructions

To make your own anatomical votives, you can use store-bought Play-Doh, polymer clay, air-dry clay, or use the recipe below to make salt dough.

Try making a leg, arm, nose, eye, or hand.

Recipe for salt dough:

Ingredients:

- 2 cups flour
- 1 cup salt
- 1 cup water

Instructions:

1. You can use a stand mixer with the dough hook attachment, or mix by hand.
2. Whisk together flour and salt.
3. Slowly add water while mixing.
4. Continue mixing until well combined.
5. If the mixture is too runny, add flour gradually until it reaches Play-Doh consistency.
If too dry, add a small amount of water.
6. Knead for 3 to 5 minutes until it holds its shape.
7. Option: Add food coloring of your choice.
8. Once your votive is complete, let it air dry for 24 hours.

