

Make Your Own Protective Amulet

To make your own protective amulet, you can use store-bought Play-Doh, polymer clay, air-dry clay, or use the recipe below to make salt dough.

1. Separate out a golf-ball sized piece of dough or clay. For younger children, make the ball larger.
2. Roll into a ball and then flatten to make a circle or oval.
3. Draw an image on your amulet with a toothpick or straightened paper clip.

Create your own protective demon by mixing it up!

Head of a:

- Human
- Lion
- Hawk
- Rabbit
- Hippo
- Dog

Body of a:

- Human
- Horse
- Bird
- Lion
- Goat

Legs of a:

- Human
- Snake
- Bird
- Lion
- Rabbit

Does it have wings? Does it have two heads? Does it have three legs and a tail?



Recipe for salt dough:

Ingredients:

- 2 cups flour
- 1 cup salt
- 1 cup water

Instructions:

1. You can use a stand mixer with the dough hook attachment, or mix by hand.
2. Whisk together flour and salt.
3. Slowly add water while mixing.
4. Continue mixing until well combined.
5. If the mixture is too runny, add flour gradually until it reaches Play-Doh consistency.
If too dry, add a small amount of water.
6. Knead for 3 to 5 minutes until it holds its shape.
7. Option: Add food coloring of your choice.
8. Once your votive is complete, let it air dry for 24 hours.



   @kelseymuseum
#kelseyolympics | lsa.umich.edu/kelsey

 KELSEY MUSEUM
OF ARCHAEOLOGY
UNIVERSITY OF MICHIGAN