



The Costa Rican Humanitarian Foundation

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History

Gail Nystrom founded the Costa Rican Humanitarian Foundation in 1997 as an outlet for her lifelong desire to help people. Since its founding, the Costa Rican Humanitarian Foundation has grown from a modest attempt to collect and distribute needed food supplies to an organization that provides food for 600 people daily. Since 1997 CRHF has also grown incorporate aid for all manners of human health including access to healthcare, health education, education, job training and work. Gail and the other employees of CRHF continue these goals of empowering the people of Costa Rica everyday.

Collaborative Group 3 (CG3) has been assisting the CRHF since January of the 2020.



Mission

The Costa Rican Humanitarian Foundation (CRHF) is a non-profit organization committed to developing creative and economical solutions to a wide range of social problems in Costa Rica. The CRHF provides opportunities to exchange friendship, goods, services, and financial resources for critical needs among different cultures, socio-economic classes, and language groups. Our vision is to create a better quality of life for all those we work with, supporting at-risk and special needs populations so they may have more choices for their future and fostering greater sensitivity in populations providing services.*



Goals

For this internship there were a few goals.

- 1) Assist in developing an improved powerpoint presentation to be used primarily for volunteers in the organization.
- 2) Provide grant opportunities for CRHF.
- 3) Fundraise money for supplies and the distribution of a children's book.



Methodology

In working towards accomplishing these goals we split into several teams. We deemed this to be the best approach as 2-3 members could easily dedicate their time and understanding to ensuring each individual goal is completed to the highest possible quality. Dividing into these smaller groups also allowed for cooperation on each project without there being an overabundance of ideas on the best way to proceed.



What We Accomplished

In less than four months, we kept close in touch with our supervisor and successfully accomplished our goals.

- 1) We provide examples of six similar organizations' public presentations and submit a report on their strengths and weaknesses.
- 2) We reviewed the current CRHF presentation slides and website and recorded key analytical feedback to support CRHF's strategic communications development.
- 3) We researched and selected five foundations to provide financial or physical resources to organizations that have missions that we believe fit well with the visions and operations of the Costa Rican Humanitarian Foundation.
- 4) We connected an angel investor who is willing to donate 2000 dollars for CRHF, which money will be used for CRHF's supplies.
- 5) We raised another 1000 dollars for CRHF book project to print the book "Lessons in Nature for children and Big People Too" for the children.



Future Focus

This was our first semester working with the Costa Rican Humanitarian Foundation. Given how productive and gratifying these past couple weeks have been, GSP plans to continue working with this amazing organization. Next year, we will be able to apply two semesters' worth of dedication and effort to help Gail in her mission to create a better quality of life for the at-risk and special needs populations that we have the pleasure to work with.

Going forward, we hope to use the resources we've obtained to assist next year's GSP members in their future endeavours.



*"La Fundación Humanitaria Costarricense Inicio Voluntariado En Costa Rica," Costa Rican Humanitarian Foundation Non-Profit Costa Rica Volunteering, accessed March 31, 2020, <http://www.crhf.org/>