

Robin S. Edelstein

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Education

2005	Ph.D., Psychology	University of California, Davis
2000	M.A., Psychology	University of California, Davis
1997	B.A., Psychology	University of California, Berkeley

Academic Positions

2020 –	Professor	University of Michigan, Ann Arbor <i>Department of Psychology</i>
2016 –	Faculty Associate	University of Michigan, Ann Arbor <i>Research Center for Group Dynamics, Institute for Social Research</i>
2013 – 2020	Associate Professor	University of Michigan, Ann Arbor <i>Department of Psychology</i>
2012 –	Faculty Associate	University of Michigan, Ann Arbor <i>Depression Center</i>
2008 –	Program Faculty	The Life Course: Evolutionary and Ontogenetic Dynamics (LIFE) <i>A collaborative graduate program involving the Max Planck Institute for Human Development, Berlin; Humboldt University, Berlin; Free University of Berlin; University of Zurich, the University of Virginia; and the University of Michigan</i>
2007 – 2013	Assistant Professor	University of Michigan, Ann Arbor <i>Department of Psychology</i>
2005 – 2007	National Institutes of Health Postdoctoral Fellow	University of California, Irvine <i>Department of Psychology and Social Behavior</i>

Recent Grants and Awards

2024	<i>Physiological Reactivity and Romantic Relationship Outcomes During the Transition to Parenthood</i> , College of Literature, Science, and the Arts (LSA) Summer Research Program	\$8,755
2023	<i>Swets Memorial Award for Excellence in Collaborative Research in Psychological Science</i> , Department of Psychology, University of Michigan. <u>Co-PI</u> (with Amie Gordon)	\$5,000
2022	<i>Anti-Black Discrimination in Interracial and Intra-racial Couples</i> , College of Literature, Science, and the Arts (LSA) Summer Research Program, University of Michigan. <u>PI</u>	\$5,976

2021	<i>Sleep and Relationship Quality During the Transition to Parenthood: An Experimental Pilot Study Using Infant Simulators</i> , LSA Social Science Research Grant, University of Michigan. <u>Co-PI</u> (with Amie Gordon)	\$15,867
2021	<i>Close Relationships Summer Faculty Writing Group</i> , LSA Social Science Summer Writing Group, University of Michigan. <u>Co-PI</u> (with Amie Gordon)	\$3,000
2020	Nominee, University of Michigan Golden Apple Award	
2019	Fellow, <i>Society for Personality and Social Psychology</i>	
2016	<i>Hormone Changes During the Transition to Parenthood in Lesbian Couples</i> , Rackham Spring/Summer Research Grant, University of Michigan. <u>PI</u>	\$6,000
2015 – 2017	<i>Examining Stress and Coping in Prolonged Isolation</i> . MCubed, University of Michigan. <u>Co-PI</u> (with Nestor Lopez-Duran and James Abelson)	\$15,000
	<i>Neuroendocrine Changes During the Transition to Parenthood in Heterosexual and Lesbian Couples</i> . Associate Professor Support Fund, LSA, University of Michigan. <u>PI</u>	\$31,248
2013 - 2014	<i>A Prospective Study of Stress, Social Support, and Postpartum Adjustment among Lesbian Parents</i> , The Williams Institute, University of California, Los Angeles. <u>PI</u>	\$4,970
2011 – 2013	<i>Influences of Cuddling and Attachment on Neuroendocrine and Psychological Outcomes</i> , Office of the Vice President for Research (OVPR) and LSA, University of Michigan. <u>PI</u> (collaborator: Sari van Anders)	\$26,250
	<i>Neuroendocrine and Psychological Changes During the Transition to Parenthood</i> , Institute for Research on Women and Gender (IRWG), University of Michigan. <u>PI</u>	\$10,000
	<i>Neuroendocrine and Psychological Changes During the Transition to Parenthood</i> , Society for the Psychological Study of Social Issues (SPSSI). <u>PI</u>	\$2,000
2010	<i>Attachment Avoidance, Intimacy, and Hormones</i> , Rackham Spring/Summer Research Grant, University of Michigan. <u>PI</u>	\$6,000
2008 – 2010	<i>Implications of Emotional Processing Biases for Health, Well-Being, and Relationships</i> , Rackham Faculty Research Grant, University of Michigan. <u>PI</u>	\$15,000

Publications

Current or former student authors are underlined (graduate) or double underlined (undergraduate)

Brandon, R.E., From, A., Reynaga, M., Devine, H., Gordon, A.M. & Edelstein, R.S. (in press). Testosterone changes in couples in response to a caregiving task with an infant simulator. *Human Nature*.

Reese, Z., Edelstein, R. S., & Garcia, S. M. (2026). From insecurity to inspiration: predictors of and motives for romantic partner comparisons. *Self and Identity*, 25, 555–576.

Daniel, N. R., Salwi, S. M., Juhi R. Valera, J. R., Edelstein, R. S., & Courtney A. Polenick, C. A. (2025). “I am not sure what else I could do to help her more”: Perceptions of partner support in older couples living with multiple chronic conditions. *Journal of Applied Gerontology*, 44, 1762-1771.

From, A. Diamond, E., Kafae, N. Reynaga, M., Edelstein, R. S., & Gordon, A. M. (2025). Does similarity matter? A scoping review of perceived and actual similarity in romantic couples. *Journal of Social and Personal Relationships*, 10, 2780-2802.

Sim, L., & Edelstein, R. S (2025). Cross-cultural differences in the links between familial support and strain in married and single people’s well-being. *Personal Relationships*, 32, e70027. [special issue: “Complex and Diverse Singlehood Experiences”]

From, A., Banks, J., & Edelstein, R. S. (2024). Partner support behaviors and relationship quality in interracial and intraracial black romantic relationships. *Personal Relationships*, 9, 796-815.

- Sim, L., Ip, K. I., Ascigil, E., Edelstein, R. S., & Lee, F. (2024). Cross-cultural differences in supportive responses to positive event disclosure. *The Journal of Positive Psychology*, 19, 277–290.
- Edelstein, R. S. (2022). Testosterone tradeoffs in close relationships. *Advances in Experimental Social Psychology*, 65, 235-280.
- Reese, Z. A., Garcia, S. M., & Edelstein, R. S. (2022). Competitions and competitors: Disentangling competitive situations and competitive personalities. *Personality and Individual Differences*, 185, 111262.
- Ascigil, E., Wardecker, B. M., Chopik, W. J., & Edelstein, R. S. (2021). Division of baby care in heterosexual and lesbian couples transitioning to parenthood: Implications of expectations versus reality. *Journal of Marriage and Family*, 83, 584–594.
- Chin, K., Reese, Z. A., Ascigil, E., Sim, L., & Edelstein, R. S. (2021). Closeness-inducing discussions with a romantic partner increase cortisol and testosterone. *Psychoneuroendocrinology*, 132, 105357.
- Sim, L. Chen, S., Zhang, M., Edelstein, R. S., & Kim, S. (2021) Cultural adaptation congruence in immigrant spouses are associated with marital quality. *Journal of Marriage and Family*, 83, 1420-1438.
- Sundin, Z. W., Chopik, W. J., Welker, K. M., Ascigil, E., Brandes, C. M., Chin, K. A., Ketay, S., Knight, E. L., Kordsmeyer, T. L., McLarney-Vesotski, A. R., Prasad, S., Reese, Z. A., Roy, A. R. K., Sim, L., Stern, J., Carré, J. M., Edelstein, R. S., Mehta, P. H., Penke, L., Slatcher, R. B., & Tackett, J. L. (2021). Estimating the association between Big Five personality traits, testosterone, and cortisol. *Adaptive Human Behavior and Physiology*, 7, 307-340.
- Chin, K., Chopik, W. J., Wardecker, B. M., LaBelle, O., Moors, A. C., & Edelstein, R. S. (2020). Longitudinal associations between prenatal testosterone and postpartum outcomes in a sample of first-time expectant lesbian couples. *Hormones and Behavior*, 125, 104810.
- Sim, L., Chopik, W. J., Wardecker, B. M., & Edelstein, R. S. (2020). Changes in prenatal testosterone and sexual desire in expectant couples. *Hormones and Behavior*, 125, 104823.
- Labelle, O. P., Wardecker, B. M., Chopik, W. J., & Edelstein, R. S. (2020). Attachment processes. In K. Sweeny and M. Robbins (Eds.), *Wiley encyclopedia of health psychology, Volume 2: The Social Bases of Health Behavior* (pp. 31-41). London: Wiley-Blackwell.
- Edelstein, R. S., Chin, K., Saini, E. K., Kuo, P. X., Schultheiss, O. C., & Volling, B. L. (2019). Adult attachment and testosterone reactivity: Fathers' avoidance predicts changes in testosterone during the strange situation procedure. *Hormones and Behavior*, 112, 10-19.
- Chin, K., Edelstein, R. S., & Vernon, P. A. (2019). Attached to dating apps: Attachment orientations and preferences for dating apps. *Mobile Media & Communication*, 7, 41-59.
- Chopik, W. J., & Edelstein, R.S. (2019). Maternal support in childhood is associated with changes in physical and mental health in middle-age and older adulthood. *Health Psychology*, 38, 84-93.
- Chopik, W. J., Edelstein, R. S., & Grimm, K. J. (2019). Longitudinal changes in attachment orientation over a 59-year period. *Journal of Personality and Social Psychology*, 116, 598-611.
- Edelstein, R. S., & Chin, K. (2018). Hormones and close relationship processes: Neuroendocrine bases of partnering and parenting. In O. C. Schultheiss & P. H. Mehta (Eds.), *Routledge international handbook of social neuroendocrinology* (pp. 281-297). Abingdon, UK: Routledge.
- Kaplow, J. B., Wardecker, B. M., Layne, C. M., Kross, E., Burnside, A., Edelstein, R. S., & Prossin, A. R. (2018). Out of the mouths of babes: Links between linguistic structure of loss narratives and psychophysiological functioning in parentally-bereaved children. *Journal of Traumatic Stress*, 31, 342–351.
- Labelle, O. P., & Edelstein, R. S. (2018). Gratitude, insecure attachment, and positive outcomes among 12-step program participants. *Addiction Research & Theory*, 26, 123–132.

- Wardecker, B. M., Chopik, W. J., Labelle, O. P. & Edelstein, R. S. (2018). Is narcissism associated with baseline cortisol in men and women? *Journal of Research in Personality*, 72, 44-49. [Special issue on replication of critical findings in personality psychology.]
- Edelstein, R. S., Chopik, W. J., Saxbe, D. E., Wardecker, B. M., Moors, A. C., & Labelle, O. P. (2017). Prospective and dyadic associations between expectant parents' prenatal hormone changes and postpartum parenting outcomes. *Developmental Psychobiology*, 59, 77-90.
- Saxbe, D. E., Edelstein, R. S., Lyden, H. Wardecker, B. M., Chopik, W. J., & Moors, A. C. (2017). Fathers' decline in testosterone and hormonal synchrony with partner testosterone during pregnancy predicts greater postpartum relationship investment. *Hormones and Behavior*, 90, 39-47.
- Wardecker, B. M., Edelstein, R. S., Quas, J. A., Cordon, I.M., & Goodman, G. S. (2017). Emotion language in trauma narratives is associated with better psychological adjustment among survivors of childhood sexual abuse. *Journal of Language and Social Psychology*, 36, 628–653.
- Wardecker, B. M., Kaplow, J. B., Layne, C. M., & Edelstein, R. S. (2017). Caregivers' positive emotional expression and children's psychological functioning after parental loss. *Journal of Child and Family Studies*, 12, 3490–3501.
- Quas, J. A., Rush, E. R., Yim, I. S., Edelstein, R. S., Smeets, T., & Otgaar, H. (2016). Stress and emotional valence effects on children's versus adolescents' true and false memory. *Memory*, 24, 696–707.
- Tashjian, S. M., Goldfarb, D. Goodman, G. S., Quas, J. A., & Edelstein, R. S. (2016). Delay in disclosure of non-parental child sexual abuse in the context of emotional and physical maltreatment: A pilot study. *Child Abuse and Neglect*, 58, 149-159.
- Wardecker, B. M., Chopik, W. J., Boyer, M., & Edelstein, R. S. (2016). Individual differences in attachment are associated with usage and perceived intimacy of different communication media. *Computers in Human Behavior*, 59, 18-27.
- Wardecker, B. M., Chopik, W. J., Moors, A. C., & Edelstein, R. S. (2016). Avoidant attachment style. In V. Zeigler-Hill & T. K. Shackelford (Eds.) *Encyclopedia of personality and individual differences*. Springer.
- Chopik, W. J., & Edelstein, R. S. (2015). Adult attachment theory. In S.K. Whitbourne (Ed.) *Encyclopedia of adulthood and aging*. London: Wiley-Blackwell.
- Chopik, W. J., & Edelstein, R.S. (2015). Preliminary validation of a romantic attachment orientation measure from the California Adult Q-Sort. *Attachment and Human Development*, 17, 570-585.
- Edelstein, R. S., Wardecker, B. M., Chopik, W. J., Moors, A. C., Shipman, E. L., & Lin, N. J. (2015). Prenatal hormones in first-time expectant parents: Longitudinal changes and within-couple correlations. *American Journal of Human Biology*, 27, 317-325.
- Moors, A. C., Conley, T. D., Edelstein, R. S., & Chopik, W. J. (2015). Attached to monogamy? Avoidance predicts willingness to engage (but not actual engagement) in consensual non-monogamy. *Journal of Social and Personal Relationships*, 32, 222-240.
- King, A., Wardecker, B. M., & Edelstein, R. S. (2015). Personal mastery buffers the effects of childhood sexual abuse on women's health and family functioning. *Journal of Family Violence*, 30, 887-897.
- Chopik, W. J., & Edelstein, R. S. (2014). Age differences in romantic attachment around the world. *Social Psychological and Personality Science*, 5, 892-900.
- Wardecker, B. M., Smith, L. K., Edelstein, R. S., & Loving, T. J. (2015). Intimate relationships then and now: How old hormonal processes are influenced by our modern psychology. *Adaptive Human Behavior and Physiology*, 1, 150-176.
- Chopik, W. J. & Edelstein, R. S. (2014). Death of a salesman: Webpage-based manipulations of mortality salience. *Computers in Human Behavior*, 31, 94-99.

- Chopik, W. J., Moors, A. C., & Edelstein, R. S. (2014). Maternal nurturance predicts lower attachment avoidance in emerging adulthood. *Journal of Research in Personality*, 53, 47-53.
- Chopik, W. J., Edelstein, R. S., van Anders, S. M., Wardecker, B. M., Shipman, E. L., & Samples-Steele, C. R. (2014). Too close for comfort? Adult attachment and cuddling in romantic and parent-child relationships. *Personality and Individual Differences*, 69, 212-216.
- Chopik, W. J., Wardecker, B. M., & Edelstein, R. S. (2014). Be Mine: Attachment avoidance predicts perceptions of relationship functioning on Valentine's Day. *Personality and Individual Differences*, 63, 47-52.
- Edelstein, R. S., van Anders, S. M., Chopik, W. J., Goldey, K. L., & Wardecker, B. M. (2014). Dyadic associations between testosterone and relationship quality in couples. *Hormones and Behavior*, 65, 401-407.
- Chopik, W. J., Edelstein, R. S., & Fraley, R. C. (2013). From the cradle to the grave: Age differences in attachment from early adulthood to old age. *Journal of Personality*, 81, 171-183.
- Cordon, I. M., Melinder, A., Goodman, G. S., & Edelstein, R. S. (2013). Children's and adults' memory for emotional pictures: Examining age-related patterns using the Developmental Affective Photo System (DAPS). *Journal of Experimental Child Psychology*, 114, 339-356.
- Kruger, D. J., Fisher, M. L., Edelstein, R. S., Chopik, W. J., Fitzgerald, C., & Strout, S. L. (2013). Was that cheating? Perceptions vary by sex, attachment anxiety, and behavior. *Evolutionary Psychology*, 11, 159-171.
- van Anders, S. M., Edelstein, R. S., Wade, R. L., & Samples-Steele, C. R. (2013). Descriptive experiences and sexual versus nurturant aspects of cuddling between adult romantic partners. *Archives of Sexual Behavior*, 42, 553-560.
- Edelstein, R. S., Kean, E. L., & Chopik, W. J. (2012). Women with an avoidant attachment style show attenuated estradiol responses to emotionally intimate stimuli. *Hormones and Behavior*, 61, 167-175.
- Edelstein, R. S., Newton, N. J., & Stewart, A. J. (2012). Narcissism in midlife: The developmental course and correlates of women's narcissistic personality traits. *Journal of Personality*, 80, 1179-1204.
- Edelstein, R. S., Chopik, W. J., & Kean, E. L. (2011). Sociosexuality moderates the association between relationship status and testosterone in men and women. *Hormones and Behavior*, 60, 248-255.
- Chae, Y., Goodman, G. S., & Edelstein, R. S. (2011). Autobiographical memory development from an attachment perspective: The special role of negative events. *Advances in Child Development and Behavior*, 40, 1-49.
- Quas, J. A., Yim, I. S., Edelstein, R. S., Cahill, L., & Rush, E. B. (2011). The role of cortisol reactivity in children's and adults' memory of a prior stressful experience. *Developmental Psychobiology*, 53, 166-174.
- Edelstein, R. S., Stanton, S. J., Henderson, M. M., & Sanders, M. R. (2010). Endogenous estradiol levels are associated with attachment avoidance and implicit intimacy motivation. *Hormones and Behavior*, 57, 230-236.
- Edelstein, R. S., Yim, I. S., & Quas, J. A. (2010). Narcissism predicts cortisol reactivity to a psychosocial stressor in men. *Journal of Research in Personality*, 44, 565-572.
- Quas, J. A., Alexander, K. W., Goodman, G. S., Ghetti, S., Edelstein, R. S., & Redlich, A. D. (2010). Long-term autobiographical memory for legal involvement: Individual and sociocontextual predictors. *Cognitive Development*, 25, 394-409.
- Stanton, S. J., & Edelstein, R. S. (2009). The physiology of women's power motive: Implicit power motivation is positively associated with estradiol levels in women. *Journal of Research in Personality*, 43, 1109-1113.
- Levine, L. J., & Edelstein, R. S. (2009). Emotion and memory narrowing: A review and goal-relevance approach. *Cognition & Emotion*, 23, 833-875.
- Reprinted (2010) in J. De Houwer and D. Hermans (Eds.), *Cognition & emotion: Reviews of current research and theories*. New York, NY: Psychology Press.

- Edelstein, R. S., & Gillath, O. (2008). Avoiding interference: Adult attachment and emotional processing biases. *Personality and Social Psychology Bulletin*, 34, 171-181.
- Goodman, G. S., Edelstein, R. S., Mitchell, E. B., & Myers, J. E. B. (2008). A comparison of forms of attorney representation for children in California juvenile court dependency cases. *Child Abuse and Neglect*, 32, 497-501.
- Edelstein, R. S., & Shaver, P. R. (2007). A cross-cultural examination of lexical studies of self-conscious emotions. In J. L. Tracy, R. W. Robins, & J. P. Tangney (Eds.), *The self-conscious emotions: Theory and research* (pp. 194-208). New York, NY: Guilford Press.
- Castelli, P., Goodman, G. S., Edelstein, R. S., Mitchell, E. B., & Paz-Alonso, P.M., Lyons, K. E., & Newton, J. W. (2006). Evaluating eyewitness testimony in adults and children. In A. K. Hess and I. B. Weiner (Eds.), *The handbook of forensic psychology*, 3rd ed. (pp. 243-304). New York, NY: Wiley.
- Edelstein, R. S. (2006). Attachment and emotional memory: Investigating the source and extent of avoidant memory deficits. *Emotion*, 6, 340-345.
- Edelstein, R. S., Luten, T., Ekman, P., & Goodman, G. S. (2006). Detecting lies in children and adults. *Law and Human Behavior*, 30, 1-10.
Reprinted (2008) in W.A. Lesko (Ed.), *Readings in social psychology: General, classic, and contemporary selections* (7th ed). Boston, MA: Ally & Bacon, Inc.
- Ghetti, S., Edelstein, R. S., Goodman, G. S., Cordon, I. M., Quas, J. A., Alexander, K. W., Redlich, A. D., & Jones, D. P. H. (2006). What can subjective forgetting tell us about memory for childhood trauma? *Memory and Cognition*, 34, 1011-1025.
- Lench, H. C., Quas, J. A., & Edelstein, R. S. (2006). My child is better than average: The extension and restriction of unrealistic optimism. *Journal of Applied Social Psychology*, 36, 2963-2979.
- Alexander, K. W., Quas, J. A., Goodman, G. S., Ghetti, S., Edelstein, R. S., Redlich, A. D., Cordon, I. M., & Jones, D. P. (2005). Traumatic impact predicts long-term memory for documented child sexual abuse. *Psychological Science*, 16, 33-40.
Reprinted (2005) in the *Japanese Journal of Child Abuse and Neglect*, 7, 291-303.
- Edelstein, R. S., Ghetti, S., Quas, J. A., Goodman, G. S., Alexander, K. W., Redlich, A. D., & Cordon, I. M. (2005). Individual differences in emotional memory: Adult attachment and long-term memory for child sexual abuse. *Personality and Social Psychology Bulletin*, 31, 1537-1548.
Reprinted (2010) in D. C. Funder and D. J. Ozer (Eds.), *Pieces of the Personality Puzzle: Readings in Theory and Research*, 5th ed. (pp. 298-310). New York, NY: Norton & Co.
- Quas, J. A., Goodman, G. S., Ghetti, S., Alexander, K. W., Edelstein, R. S., Redlich, A. D., Cordon, I. M., & Jones, D. P. (2005). Childhood sexual assault victims: Long-term outcomes after testifying in criminal court. *Monographs of the Society for Research in Child Development*, 70 (2, Serial No. 280).
- Edelstein, R. S., Alexander, K. W., Goodman, G. S., & Newton, J. W. (2004). Emotion and eyewitness memory. In D. Reisberg & P. Hertel (Eds.), *Memory and emotion* (pp. 308-346). New York, NY: Oxford University Press.
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- Edelstein, R. S., Goodman, G. S., Ghetti, S., Alexander, K. W., Quas, J. A., Redlich, A. D., Schaaf, J. M., & Cordon, I. M. (2002). Child witnesses' experiences post-court: The effects of legal involvement. In H. L. Westcott, G. M. Davies, & R. H. C. Bull (Eds.), *Children's testimony in context* (pp. 261-278). New York, NY: Wiley.
- Schaaf, J. M., Alexander, K. W., Goodman, G. S., Ghetti, S., Edelstein, R. S., & Castelli, P. (2002). Children's eyewitness memory: True disclosures and false reports. In B. L. Bottoms, M. Bull Kovera, & B.D. McAuliff (Eds.), *Children and the law: Social science and policy* (pp. 261-278). Boston, MA: Cambridge University Press.

Manuscripts Under Review or in Revision

- Kafae, N., & Edelstein, R. S. (in revision). Iranians' perceptions of attitudinal and interpersonal relationship shifts in the wake of the "Woman, Life, Freedom" movement.

Other Writing

- Edelstein, R. S., Chopik, W. J., & Wardecker, B. M. (2015). Testosterone and relationship processes: Dyadic, longitudinal, and individual difference perspectives. Invited contribution to *LIFE Newsletter*, 9, 8-12.
- Moors, A. C., Chopik, W. J., Edelstein, R. S., & Conley, T. D. (2014). Consensual non-monogamy: Table for more than two, please. Invited contribution to *In-Mind Magazine*, 21.
- Contributing author to *The science of relationships: Answers to your questions about dating, marriage, and family*. (2011). Edited by G. Lewandowski, T. Loving, B. Le, & M. Gleason. Dubuque, IA: Kendall Hunt.

Colloquia and Invited Talks

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| 2025 | Research Center for Group Dynamics Seminar Series, University of Michigan |
| 2025 | Management and Organizations Seminar, Ross School of Business, University of Michigan |
| 2023 | Michigan Science Center, Detroit, Michigan |
| 2022 | Personality & Social Contexts Psychology Brown Bag, University of Michigan
Social Psychology Seminar, Northwestern University
Ann Arbor District Library, Ann Arbor, Michigan |
| 2020 | Wallace House Center for Journalists, Ann Arbor, Michigan |
| 2018 | SPSP Personality Dynamics Pre-Conference, Atlanta, GA |
| 2016 | Social/Personality Psychology Brown Bag, Michigan State University
LIFE Spring Academy, Charlottesville, VA |
| 2015 | Center for Human Growth and Development Seminar, University of Michigan
Center for Human Growth and Development Panel, University of Michigan
SPSP Social Neuroendocrinology Pre-Conference, San Diego, CA
Social Psychology Brown Bag, University of Michigan |
| 2014 | Research Center for Group Dynamics Seminar Series, University of Michigan
Psychology and Social Behavior Seminar, University of California, Irvine |
| 2013 | Developmental Psychology Brown Bag, University of Michigan |
| 2011 | Biopsychology Brown Bag, University of Michigan |

- 2010** LIFE Fall Academy, Berlin, Germany
Midwestern Psychological Association, Chicago, IL
- 2009** Department of Psychology Seminar, University of Western Ontario
Social Psychology Brown Bag, University of Michigan
Personality & Social Contexts Psychology Brown Bag, University of Michigan
Psi Chi Induction Ceremony, University of Michigan
- 2008** Developmental Psychology Brown Bag, University of Michigan
LIFE Spring Academy, Charlottesville, VA
Social/Personality Psychology Brown Bag, Michigan State University
- 2007** Personality & Social Contexts Psychology Brown Bag, University of Michigan
- 2006** Department of Psychology Seminar, University of British Columbia
- 2005** Psychology and Social Behavior Seminar, University of California, Irvine

Chaired Symposia

- Kafae, N., & Edelstein, R. S. (2025, February). The rhythm of relationships: Exploring physiological synchrony in close relationships. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Denver, CO.
- Chin, K., & Edelstein, R. S. (2020, February). Implications of closeness for neuroendocrine processes: Experimental and longitudinal evidence. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Edelstein, R. S. (2012, July). Changes in relationships, changes in personality: Cross-sectional, longitudinal, and dyadic perspectives on relationship development and change. Symposium conducted at the biannual conference of the International Association for Relationship Research, Chicago, IL.
- Edelstein, R. S. & van Anders, S. M. (2011, January). The neuroendocrinology of intimacy and social connection. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Recent Conference Presentations (Talks)

- Sayler, J. W., From, A., & Edelstein, R. S. (2026, July). *Dyadic associations between racial discrimination and cortisol in interracial and intraracial Black romantic relationships*. Talk to be presented at the biannual meeting of the International Association for Relationship Research. Glasgow, Scotland.
- From, A., Gordon, A. M., & Edelstein R. S. (2025, June). The effect of perceived similarity on romantic relationships. Talk presented at the annual meeting of the Association for Research in Personality, Evanston, IL.
- Dileo, R., Diamond, E., From, A., Devine, H., Gordon, A., & Edelstein, R. (2025, March). Sleep, conflict, and physiological synchrony in couples. Talk presented at the annual conference of the Society for Biopsychosocial Science and Medicine, Seattle, WA.
- Kafae, N., From, A., Gordon, A. M., & Edelstein, R. S. (2025, February). Neuroendocrine synchrony in couples: Differential patterns for testosterone and cortisol. Talk presented at the annual meeting of the Society for Personality and Social Psychology, Denver, CO.
- Gordon, A. M., Thorson, K. R., Ross, K. E., Mendes, W. B., From, A., & Edelstein, R. S. (2024, July). Bidirectional associations between social relationship experiences and sleep. In Y. Xie (Chair), *Bidirectional associations between social relationship experiences and sleep*. Symposium presented at the International Association for Relationship Research. Boston, MA.
- From, A., Diamond, E., Kafae, N., Reynaga, M., Edelstein, R. S., & Gordon, A. M. (2024, February). Does similarity matter for romantic relationships? Results from a systematic review of 303 studies. Poster presented at the Society for Personality and Social Psychology, San Diego, CA.

- From, A., Banks, J., & Edelstein, R. S. (2022, July). *Discrimination and support in interracial and same-race Black couples*. In A. Luerssen (Chair), *New perspectives on stress and support*. Talk presented (virtually) at the International Association for Relationship Research.
- From, A., Banks, J., Edelstein, R. (2022, May). *"Giving a little of us to the other": Partner support in interracial and same-race Black relationships*. Talk presented (virtually) in the European Association of Social Psychology/International Association for Relationship Research joint symposium, What's love got to do with it: Diversity in close/romantic relationships.
- Chin, K., Ascigil, E., Edelstein, R. S., Chakravarty, D., Neilands, T. B., Hoff, C. C., & Darbes, L. (2021, August). Patterns of change in relationship functioning over time in a sample of gay couples. In K. Chin (Chair), *Longitudinal and cross-sectional approaches to understanding relationship quality and departures from monogamy among lesbian, gay, and bisexual individuals*. Symposium presented at the biannual meeting of the International Association for Relationship Research (Virtual).
- Chin, K., Chopik, W. J., Wardecker, B. M., LaBelle, O. P., Moors, A. C., & Edelstein, R. S. (2020, February). Associations between testosterone and postpartum outcomes in a longitudinal study of first-time expectant lesbian couples. DataBlitz presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Chin, K., Reese, Z. A., Saini, E. K., Kuo, P. X., Volling, B. L., & Edelstein, R. S. (2020, February). Testosterone changes during intimate parent-child and romantic partner interactions in K. Chin and R. Edelstein (Co-Chairs), *Implications of closeness for neuroendocrine processes: experimental and longitudinal evidence*. Symposium presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Chin, K., Reese, Z. A., Edelstein, R. S. (2018, July). Interpersonal and hormonal outcomes of partner interactions for avoidant individuals. Data Blitz presented at the meeting of International Association for Relationship Research, Fort Collins, CO.
- Chopik, W. J., Edelstein, R. S., & Grimm, K. J. (2017, June). Longitudinal changes in attachment orientation over a 69-year period. In J. Borghuis (Chair), *Dynamics of personality traits and close social relationships*. Paper presented at the biannual meeting of the Association for Research in Personality, Sacramento, CA.
- Edelstein, R. S. (2017, April). Testosterone and relationship processes: Dyadic, longitudinal, and individual difference perspectives. In S. Stanton (Chair), *Hormones' broad psychological influence: Memory, decision-making, relationships, and well-being*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Recent Conference Presentations (Posters)

- Dileo, R., Diamond, E., From, A., Devine, H., Gordon, A. M., & Edelstein, R. S. (2025, February). Sleep tight, sync right: Exploring the link between sleep quality and physiological synchrony during couples' conflict. Poster to be presented at the annual meeting of the Society for Personality and Social Psychology, Denver, CO.
- Sayler, J., From, A., & Edelstein, R. S. (2025, February). Love, stress, and discrimination: The impact of racial discrimination on cortisol awakening responses in romantic relationships. Poster to be presented at the annual meeting of the Society for Personality and Social Psychology, Denver, CO.
- Youtt, A., From, A., & Edelstein, R. S. (2024, July). Cortisol awakening responses, experienced discrimination, and the role of romantic partner support. Poster presented at the Biannual Meeting of the International Association for Relationship Research, Boston, MA.
- Kafee, N., & Edelstein, R. S. (2024, July). Revolution in relationships: Attitude and interpersonal relationships shifts in the wake of Iran's "Woman, Life, Freedom" movement. Poster presented at the Biannual Meeting of the International Association for Relationship Research, Boston, MA.

- From, A., Diamond, E., Kafae, N., Reynaga, M., Edelstein, R. S., & Gordon, A. M. (2024, February). Does similarity matter for romantic relationships? Results from a systematic review of 303 studies. Poster to be presented at The Society for Personality and Social Psychology (SPSP) annual convention, San Diego, CA.
- Kafae, N., Edelstein, R. (2024, February). *Revolution in Relationships: Attitude shifts and interpersonal relationships in the wake of Iran's "Woman, Life, Freedom" movement*. Poster to be presented at The Society for Personality and Social Psychology (SPSP) annual convention, San Diego, CA.
- Devine, H., From, A., Reynaga, M., Edelstein, R. S., & Gordon, A. M. (2023, February). *Falling asleep at the stroller: Sleep quality and childcare division*. Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), Atlanta, GA.
- From, A., Banks, J., Edelstein, R.S. (2022, February). *Partner support for Black individuals in interracial and intraracial romantic relationships*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
- Paxson, M., From, A., Edelstein, R.S. (2022, February). *Is Cupid colorblind? Racial ideology in interracial romantic relationships*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
- Sim, L., & Edelstein, R. S. (2022, February). *Cross-cultural differences in experiences of singlehood*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
- Rich, R., Chin, K., Reese, Z. A., & Edelstein, R. S. (2021, February). Increases in women's testosterone during intimate partner discussions predicts romantic relationship dissolution. Poster presented at the annual meeting of the Society for Personality and Social Psychology Convention. [Virtual]
- Ascigil, E., Chopik, W. J., Wardecker, B. W., LaBelle, O., Edelstein, R. S. (2020, February). Personality predicts cortisol in heterosexual and lesbian couples transitioning to parenthood. Poster presented at the annual meeting of the Society for Personality and Social Psychology Convention, New Orleans, LA.
- Sim, L., Chen, S., Zhang, M., Edelstein, R. S., & Kim, S. Y. (2020, February). Acculturation discrepancies in immigrant spouses are associated with marital quality. Poster presented at the annual meeting of the Society for Personality and Social Psychology Convention, New Orleans, LA.
- Ascigil, E., Sim, L., Edelstein, R. S. (2019, October). Pregnant women's cortisol is differentially associated with their own versus their partner's perceived stress levels. Poster presented at the annual meeting of the Society for the Study of Human Development, Portland, OR.
- Aguinaldo, E., Chin, K., Reese, Z. A., Edelstein, R. S. (2019, February). Tells of Testosterone(T): An Examination of T Levels and Word Usage Among Transmen undergoing T Therapy. Poster presented at the annual meeting of Society for Personality and Social Psychology, Portland, OR.
- Ascigil, E., Edelstein, R. S. (2019, February). Division of baby care in heterosexual and lesbian couples transitioning to parenthood: Expectations and reality. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.
- Chin, K., Reese, Z. A., Edelstein, R. S. (2019, February). Hormone Changes as a Function of Intimate Partner Discussions. Poster presented at the annual meeting of Society for Personality and Social Psychology, Portland, OR.
- McLean, A., Horn, M., Chin, K., Reese, Z. A., Edelstein, R. S. (2019, February). Nonverbal Synchrony in Romantic Relationships. Poster presented at the annual meeting of Society for Personality and Social Psychology, Portland, OR.
- Plank, C., Chin, K., Reese, Z. A., Edelstein, R. S. (2019, February). Narcissism and Language Use in Romantic Relationships. Poster presented at the annual meeting of Society for Personality and Social Psychology, Portland, OR.

Sim, L. & Edelstein, R. S. (2019, February). *Cross-cultural differences in marital profile membership and marital outcomes*. Poster presented at the annual meeting of the Society for Personality and Social Psychologists, Portland, OR.

Chopik, W. J., Edelstein, R. S., Stewart, A. J., Donnellan, M. B., Roberts, B. W., & Grimm, K. J. (2018, July). Changes in Q-sort narcissism from age 13 to 72 in six longitudinal studies. Poster presented at the biannual meeting of the European Conference on Personality, Zadar, Croatia.

Sim, L., Ip, K. I., Ascigil, E., Lee, F. & Edelstein, R. S. (2018, July). Cross-cultural differences in couples' sharing of good news. Presented at the International Association for Cross-Cultural Psychology Congress, Guelph, CA.

Chin, K., Reese, Z. A., Edelstein, R. S., Perkins, T. (2018, March). Interpersonal and hormonal outcomes of partner interactions for avoidant individuals. Poster to be presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.

Chin, K., Edelstein, R. S., & Vernon, P. A. (2017, July). Attachment lives on(line). Poster presented at the biannual meeting of International Society for the Study of Individual Differences, Warsaw, Poland.

Michalak, N. M., & Edelstein, R. S. (2017, January). Power play: Status-sensitive men may strategically modulate their desire for intergroup dominance. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

National Service

Society for Personality and Social Psychology (SPSP)	Fellows Selection Committee (2022 – 2025) Convention Committee (2018 – 2021) BECOME: Building Early Career Opportunities via Mentoring Experiences (2022-) Convention Symposium Review Panel (2014 – 2015) Emotion Pre-Conference Co-Organizer (2007, 2008)
Association for Research in Personality (ARP)	Tanaka Dissertation Award Selection Committee (2023 – 2025) Conference Program Committee (2014 – 2015)

Editorial Service

2020 –	Editorial Board	<i>Journal of Personality</i> <i>Personality Science</i>
2014 – 2025	Editorial Board	<i>Adaptive Human Behavior and Physiology</i>
2016 – 2021	Consulting Editor	<i>Journal of Personality and Social Psychology (IPGR)</i> <i>Journal of Personality and Social Psychology (PPID)</i>
2015 – 2020	Associate Editor	<i>Journal of Personality</i>
2011 – 2016	Consulting Editor	<i>Emotion</i> <i>Journal of Research in Personality</i>
2009 – 2014	Editorial Board	<i>Personal Relationships</i> <i>Social Psychological and Personality Science</i>

Grant Reviews

National Science Foundation	<i>Animal Behavior, Social Psychology, Developmental and Learning Sciences, Graduate Research Fellowship Program</i>
European Research Council	

Department and University Service

2026 -	Research Center for Group Dynamics, Executive Committee Member,
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2025 - 2026	Personality & Social Contexts Psychology Admissions Committee, Co-Chair
2025	Launch Committee Convener, ADVANCE
2025 -	Katz-Newcomb Committee, Social Psychology
2024 – 2025	Curriculum Committee, Personality & Social Contexts Psychology
2023 – 2025	Psychology Executive Committee Member
2023 – 2024	Personality & Social Contexts Psychology Admissions Committee Co-Chair
2023	Hiring Committee, M-PACT
2023	Personality & Social Contexts Psychology Brown Bag Committee Chair
2021 – 2025	Psychology Augmented Executive Committee Member
2021 – 2022	Hiring Committee Chair, Personality and Social Context Psychology
2021	LSA Reboot and Reimagine Student Academic Affairs Committee,
2021	Junior Faculty Mentoring Committee
2020	Promotion Review Committee
2019 – 2022	Personality & Social Contexts Psychology Admissions Committee Co-Chair
2019	Psychology Lecturer Review Committee Member
2019	Hiring Committee, Collegiate Postdoctoral Fellowship
2018 – 2023	Area Chair, Personality & Social Contexts Psychology
2017 – 2018	Bioscience Faculty Search Committee Member
2017 – 2018	Psychology Executive Committee Member
2016 – 2017	Center for Human Growth and Development, Executive Committee Member
2016 – 2017	Personality & Social Contexts Psychology Brown Bag ,Committee Chair
2015 – 2016	Psychology Augmented Executive Committee Member
2014 – 2016	Psychology Student Academic Affairs Committee Member
2014 – 2015	Personality & Social Contexts Psychology Admissions Committee Chair
2012 – 2013	Personality & Social Contexts Psychology Brown Bag Committee Chair
2012 – 2013	Psychology Annual Review Committee Member
2011 – 2021	Psychology Executive Committee Member
2011	University of Michigan Injury Center Grant Reviewer
2020	Psychology Lecturer Review Committee Member
2010 – 2011	Personality & Social Contexts Psychology Admissions Committee Chair
2009 – 2010	Personality & Social Contexts Psychology Brown Bag Committee Chair
2009, 2011, 2013	Office of Vice President for Research (OVPR) Grant Reviewer
2009	Personality & Social Contexts Psychology Admissions Committee Member
2009	Psychology Augmented Executive Committee Member
2008 – 2010	Psychology Graduate Committee Member

Doctoral Students

2023 -	Rachel Brandon	Social Work & Psychology	
	Becky Dileo	Psychology	
	Janae Sayler	Psychology	
2022 -	Nazanin Kafaee	Psychology	
	Miranda Reynaga (Co-Advisor)	Psychology	
2020 -	Annika From	Psychology	
2017 – 2022	Esra Ascigil (Fulbright Recipient)	Psychology	Postdoctoral fellow at Brandeis University
	Lester Sim (Singapore Management University Overseas Postgraduate Scholarship Recipient)	Psychology	Assistant Professor at Singapore Management University
	Kristi Chin (SSHRC Fellowship Recipient)	Psychology	Senior Market Research Analyst, University of

	Zachary Reese (Co-Advisor)	Psychology	Michigan, Center for Academic Innovation
			Assistant Professor of at the University of San Francisco
2013 – 2018	Onawa LaBelle (NSF GRFP Recipient)	Psychology	Associate Professor, the University of Windsor
2011 – 2016	Britney Wardecker	Psychology	Senior Consumer Insights Researcher, Cengage
2011 – 2015	Amy Moors (Co-Advisor)	Women's Studies & Psychology	Associate Professor, Chapman University
2009 – 2015	William Chopik (NSF GRFP Recipient)	Psychology	Associate Professor, Michigan State University

Honors Thesis Students

2024 – 2025	Allison Youtt	Psychology and Organizational Studies
2022 – 2023	Michelle Busschots	Biopsychology, Cognition, and Neuroscience
	Sydney Phlegar	Psychology
	Alicia Wang	Psychology
	Nikita Daniel	Psychology
2021 – 2022	Madeline Paxton (Tanner Award recipient)	Psychology
2020 – 2021	Jennifer Ho	Psychology
2019 – 2020	Laraine Pesheck	Psychology
2014 – 2015	Emily Sculthorpe	Biopsychology, Cognition, and Neuroscience
2011 – 2012	Chelsea Samples-Steele	Psychology
2010 – 2011	Stacey McGregor	Psychology

Dissertation Committees

2025	Miranda Reynaga (Co-Chair)	Personality & Social Contexts Psychology
	Ariel Yang	Women's and Gender Studies & Psychology
2024	Alexis McCarroll	Department of Communication & Media
2023	Annika From (Co-Chair)	Personality & Social Contexts Psychology
2022	Esra Ascigil (Chair)	Personality & Social Contexts Psychology
	Kristi Chin (Chair)	Personality & Social Contexts Psychology
	Zachary Reese (Co-Chair)	Social Psychology
	Lester Sim (Chair)	Personality & Social Contexts Psychology
	Dominic Kelly	Developmental Psychology
2021	Staci Gusakova (Co-Chair)	Women's Studies & Psychology
2019	Darwin Guevarra	Social Psychology
	Jennifer Frederick	Women's Studies & Psychology
2018	Onawa LaBelle (Chair)	Personality & Social Contexts Psychology
2016	Daniel Porter	Cognition and Cognitive Neuroscience
	Britney Wardecker (Chair)	Personality and Social Contexts Psychology
	Patty Kuo	Developmental Psychology
2015	Janani Sankar	Clinical Psychology (University of Western Ontario)
	William Chopik (Chair)	Personality and Social Contexts Psychology
	Jenny Olson	Ross School of Business (Marketing)
	Amy Moors	Women's Studies and Psychology
2014	Kate Kuhlman	Clinical Psychology
2012	Dana Kabat	Personality and Social Contexts Psychology
	Danielle Shapiro	Women's Studies and Psychology
	Aleah Burson	Social Psychology
2010	Jerel Calzo	Developmental Psychology
2008	Bethany Butzer	Social Psychology (University of Western Ontario)

Teaching

Undergraduate

Personality Psychology
Close Relationships

Graduate

Close Relationships
Academic Writing in Social/Personality Psychology
Attachment Theory
Social Psychoneuroendocrinology
Interdisciplinary Perspectives on Social Connection

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