

Dr. Hannah Tessler

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EMPLOYMENT

Jan. 2025-Present Postdoctoral Researcher, University of Michigan Sociology Department
Postdoctoral Affiliate, Population Studies Center
Affiliate, Institute for Research on Women & Gender
Affiliate, Stone Center for Inequality Dynamics

EDUCATION

Dec. 2024 Ph.D., Sociology, Yale University
The Stability of Singlehood? Romance and Intimate Relationships in the US
Committee: Grace Kao (Yale University), Rourke O'Brien (Yale University),
Michael Rosenfeld (Stanford University), Joshua Gamson (University of San Francisco)

2021 M.Phil, Sociology, Yale University (*Distinguished Qualifying Exam*)

2020 M.A., Statistics and Data Science, Yale University

2014 B.A., *Cum Laude* with Honors in Sociology, Hamilton College

RESEARCH AND TEACHING INTERESTS

Gender, sexuality, race and ethnicity, family, education, research methods, young adulthood, inequality, Asia and Asian America, feminist and queer theory, LGBTQ+

ACADEMIC PUBLICATIONS

Peer-Reviewed Journal Articles

2025 **Tessler, Hannah.** "Aromanticism, Asexuality, and Relationship (Non-)Formation: How A-spec Singles Challenge Romantic Norms and Reimagine Family Life." *Sexualities*. doi: 10.1177/13634607231197061

2025 Choi, Meera, **Hannah Tessler**, and Grace Kao. "Friendship in Times of Crisis: How Social Bonds Buffered the Impact of Economic Precarity on Well-Being during COVID-19s." *Sociology*. doi: 10.1177/00380385251360676

2025 Julian, Christopher, **Hannah Tessler**, Wendy Manning, and Alexandra VanBergen. "Measuring Couple Sexual Identity Composition: Estimates from Population-Based Dyadic Data." *Demography*. doi: 10.1215/00703370-12186740

2024 Choi, Meera, **Hannah Tessler** and Grace Kao. "Heightened Vulnerabilities to Anti-Asian Racism during the COVID-19 Pandemic: An Intersectional Analysis." *Ethnic and Racial Studies*. doi: 10.1080/01419870.2024.2410907

- 2024 **Tessler, Hannah**, Meera Choi, and Grace Kao. "Is Everyone 'Looking for Love?' Trends in Romantic Relationship Interest among Singles during COVID-19." *Journal of Family Issues*. doi: 10.1177/0192513X241257232
- 2024 **Tessler, Hannah**, Meera Choi, and Grace Kao. "Love as a Low Priority: Gender and Relationship History Differences in Singles' Value of Romantic Partnership." *Social Currents*. doi: 10.1177/23294965241240781
- 2024 **Tessler, Hannah**, Meera Choi, and Grace Kao. "Feelings of Safety and Belonging in High School for Asian American Students." *Journal of School Violence*. doi: 10.1080/15388220.2023.2297034
- 2023 **Tessler, Hannah** and Canton Winer. "Sexuality, Romantic Orientation, and Masculinity: Men as Underrepresented in Asexual and Aromantic Communities." *Sociology Compass*. doi: 10.1111/soc4.13141
- 2023 **Tessler, Hannah**. "The Stability of Singlehood: Limitations of the Relationship Status Paradigm and a New Theoretical Framework for Reimagining Singlehood." *Journal of Family Theory and Review*. doi: 10.1111/jftr.12506
- 2023 Lee, Jin, David Nam, and **Hannah Tessler**. "Understanding Predictors of Violent and Non-Violent Crime Victimization Among Asian-American/Pacific Islanders." *Victims and Offenders*. doi: 10.1080/15564886.2022.2136320
(also published in *Vulnerable Victimizations*, Routledge, September 2023)
- 2022 **Tessler, Hannah**. "Is Rejection a More Common Experience for Asian Americans? How Differences in College Application Strategy Affect Admissions Results." *The Journal of Higher Education*. doi:10.1080/00221546.2022.2042158
- 2020 **Tessler, Hannah**, Meera Choi, and Grace Kao. "The Anxiety of Being Asian American: Hate Crimes and Negative Biases During the COVID-19 Pandemic." *American Journal of Criminal Justice* 1–11. doi: 10.1007/s12103-020-09541-5.
- 2020 Choi, Meera, **Hannah Tessler**, and Grace Kao. "Arts and Crafts as an Educational Strategy and Coping Mechanism for Republic of Korea and United States Parents during the COVID-19 Pandemic." *International Review of Education*. doi: 10.1007/s11159-020-09865-8.
- 2020 Lim, Youngshin, Hyunjoon Park, **Hannah Tessler**, Meera Choi, Gowoon Jung, and Grace Kao. "Men and Women's Different Dreams on the Future of the Gendered Division of Paid Work and Household Work after COVID-19 in South Korea." *Research in Social Stratification and Mobility* 100544. doi: 10.1016/j.rssm.2020.100544.

Book Chapters

- 2026 **Tessler, Hannah**. "Asexual and Aromantic Single People" Invited book chapter for *Oxford Handbook of Singlehood*.

Encyclopedia Articles

- 2026 **Tessler, Hannah**, Canton Winer, Megan Carroll, and Brittney Miles.
“Aromanticism.” Invited Contribution for *Elgar Encyclopedia of Sex and Society*.
- 2026 Carroll, Megan, **Hannah Tessler**, Canton Winer, and Brittney Miles.
“Asexuality.” Invited Contribution for *Elgar Encyclopedia of Sex and Society*.

Public Sociology

- 2024 **Tessler, Hannah** and Canton Winer. “Why are Men a Minority in Asexual and Aromantic Communities?” *The Society Pages, Council on Contemporary Families*.
- 2023 **Tessler, Hannah**. “Happily Single: Emerging Asexuality and Aromanticism Studies Can Help Us Understand Community.” *Public Seminar Journal, The New School*.

Manuscripts Under Review

Tessler, Hannah, and Canton Winer. “Aromanticism Beyond Asexuality: A Call for Aromanticism Studies.” Revise and Resubmit at *Sexualities*.

Manuscripts in Progress

Tessler, Hannah. “Approaches to Singlehood: Sex, Romance, and Intimate Relationships.” In preparation. Draft available upon request.

Tessler, Hannah. “What Are Singles Looking For? Gendered Expectations for Romantic Relationship Formation among Singles.” In Preparation. Draft available upon request.

Tessler, Hannah, Chris Julian, and Elizabeth A. Armstrong. “The Sexual and Romantic Relationships of “Single” Women: Intimate Misalignment and the Challenges of Measuring Relationship Status.” In preparation. Draft available upon request.

Tessler, Hannah, and Elizabeth A. Armstrong. “A Missing Gender Explanation? Implications of Women's Relationship Preferences for U.S. Marital Decline.” In preparation.

Tessler, Hannah, Elizabeth A. Armstrong and Lisa Young Larance. “Experiences of Intimate Partner Violence and Divorce among Heterosexual Men and Women.” In preparation.

Fox, Emily, **Hannah Tessler**, and Canton Winer. “Differentiating Platonic from Sexual and Romantic Attraction.” In preparation.

Books

The Stability of Singlehood? Singlehood, Romantic Relationships, and Intimacy. Manuscript in Preparation. Book proposal and sample book chapters in progress for submission to an academic press.

GRANTS AND FELLOWSHIPS

- 2026 University of Michigan Population Dynamics and Health Program Pilot Project Seed Grant (with faculty co-PI Elizabeth A. Armstrong): \$20,000
- 2023 American Sociological Association/National Science Foundation Doctoral Dissertation Research Improvement Grant: \$16,000
- 2022 Yale University Center for the Study of Race, Indigeneity, and Transnational Migration Research and Conference Travel Award: \$1,000
- 2022 Yale University Camp Grant: \$500

PROFESSIONAL SERVICE

Service to the Discipline

Editorial Board Member, *Journal of Family Theory and Review*
 Member, Feminist Demography Collective Mentorship and Community Working Group
 2026 PAA Poster Session Reviewer

Reviewer for: *American Journal of Sociology*, *Social Forces* (x2), *Social Problems*, *Social Sciences*, *Population Research and Policy Review*, *Journal of Family Theory and Review* (x5), *Culture, Health, & Sexuality*, *Sex and Sexualities*, *Sociological Perspectives*, *Sociology Compass*, *Journal of Social and Personal Relationships*, *Sociology of Race and Ethnicity*, *Asian Ethnicity*, *Journal of Health and Social Behavior*

Departmental Service

- 2025-2026 **University of Michigan**, Organizer, Population Studies Center Postdoctoral Writing Group
- 2019-2020 **Yale University**, Graduate Student Representative, Sociology
- Communicated as liaison between graduate students and faculty
 - Coordinated social and professionalization programming for students
 - Organized recruitment events for admitted students

TEACHING EXPERIENCE

Instructor of Record

- 2023 **Wesleyan University**, Visiting Instructor in Sociology
 - Independently designed and taught semester-long sociology of family course

Graduate Student Instructor (4.9/5 overall average rating)

- 2024 **Yale University**, Teaching Fellow, Introduction to Population Studies
- 2024 **Yale University**, Summer Teaching Fellow, Introduction to Sociology
- 2023-2024 **Yale University**, Teaching Fellow, Senior Thesis Course
- 2021-2022 **Yale University**, Teaching Fellow, Introduction to Methods in Quantitative Sociology; Intermediate Methods in Quantitative Sociology
- 2020-2021 **Yale University**, Teaching Fellow, Senior Thesis Course

Guest Lecturer

- 2025 **University of Michigan**, Sociology Department
- Led NVivo workshop for qualitative data analysis
- 2024 **Yale University**, Guest Lecture in Sociology
- Delivered “Marriage, Family, and Demography” lecture in Yale Summer Session Introduction to Sociology course
- 2023 **Northern Illinois University**, Guest Lecture in Sociology
- Delivered “Aromanticism” lecture in course titled Queer Margins

Certificate of College Teaching Preparation, Yale University

- Completed comprehensive training program in effective college teaching
- Focused on designing inclusive pedagogy and teaching diverse student populations

Other Teaching Experience

- 2020-2021 **Yale Education Tutoring Initiative**
- Tutored local New Haven public school students
- 2015-2018 **TEAM Education Consulting**, Shanghai, China
College Counselor and Academic Advisor
- Consulted students in academic development and career planning
 - Developed curricula for Socratic book group and expository writing class
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- 2014-2015 **Dipont Education**, Shenzhen, China
College Counselor
- Guided students through all steps of college application process
 - Led writing and critical thinking skills workshops for high school students

CONFERENCE PRESENTATIONS

- 2026 **Tessler, Hannah**, and Canton Winer. “Aromanticism Beyond Asexuality: A Call for Aromanticism Studies.” Beyond Mononormativities Paper Session, American Sociological Association Annual Meeting, New York, NY.
- 2026 **Tessler, Hannah**, and Elizabeth A. Armstrong. “A Missing Gender Explanation? Implications of Women's Relationship Preferences for U.S. Marital Decline.” Sex and Gender Roundtables, American Sociological Association Annual Meeting, New York, NY.
- 2026 **Tessler, Hannah**, Chris Julian, and Elizabeth A. Armstrong. “Intimate Alignment: Qualitative Insights into Women’s Sexual and Romantic Relationship Experiences” Innovations in Measurement of Gender/Sexuality Paper Session, Population Association of America Annual Meeting, St. Louis, MO.
- 2025 **Tessler, Hannah**. “The Sexual and Dating Lives of Single Heterosexual and LGBTQ+ Young Adults.” Singlehood and Mental Health Paper Session, American Sociological Association Annual Meeting, Chicago, IL.
- 2024 **Tessler, Hannah**, Emily Fox and Canton Winer. “Asexuality, Aromanticism, and

- the Spectrum of Relationship Desires.” Sociology of Sexualities Paper Session, American Sociological Association Annual Meeting, Montreal, Canada.
- 2024 **Tessler, Hannah.** “Shifting Fantasies of ‘Happily Ever After’ Among Sexual and Gender Diverse Single Adults” Family Section Roundtables, American Sociological Association Annual Meeting, Montreal, Canada.
- 2024 **Tessler, Hannah.** “What Are Singles Looking For? Gendered Expectations for Romantic Relationship Formation among Singles” Singlehood Paper Session at the Population Association of America Annual Meeting, Columbus, OH.
- 2024 Fox, Emily, Canton Winer, and **Hannah Tessler.** “Differentiating Platonic from Sexual and Romantic Attraction: Perspectives of Aromantic, Asexual, and Allo Adults in the U.S.” Sociologists for Women in Society Winter Meeting, Santa Ana Pueblo, NM.
- 2023 **Tessler, Hannah.** “The Dimensions of Singlehood: How Singles Conceptualize Sex, Romance, and Their Approaches to Romantic Relationships” Marriage, Civil Unions, Cohabitation Paper Session, American Sociological Association Annual Meeting, Philadelphia, PA
- 2023 **Tessler, Hannah,** Meera Choi, and Grace Kao. “The Heterogeneity of Romantic Intentions: Differences in Singles' Romantic Interest” Poster Session at the Population Association of America Annual Meeting, New Orleans, LA
- 2023 Fox, Emily, **Hannah Tessler,** and Canton Winer. “Asexual and Aromantic Experiences of Friendship and Platonic Attraction.” Sociologists for Women in Society Winter Meeting, New Orleans, LA
- 2022 Lee, Jin, David Nam, and **Hannah Tessler.** “Understanding predictors of violent and non-violent crime victimization among Asian-American/Pacific Islanders” An Exploration of Asian-American/Pacific Islander (AAPI) Victimization Research in Criminology and Criminal Justice Sciences Complete Thematic Panel, American Society of Criminology Annual Meeting, Atlanta, GA
- 2022 **Tessler, Hannah,** Meera Choi, and Grace Kao. “Love as a Low Priority: Gender and Relationship History Differences in Singles’ Value of Partnership” Global Perspectives on Marriage and Unions Paper Session, American Sociological Association Annual Meeting, Los Angeles, CA
- 2022 Choi, Meera, **Hannah Tessler,** and Grace Kao. “Do Friends Matter for Well-Being During COVID-19? Differential Effects by SES” Inequality in Social Isolation Over the Life Course: Predictors, Consequences, and Public Health Strategies Paper Session, American Sociological Association Annual Meeting, Los Angeles, CA
- 2022 **Tessler, Hannah,** Meera Choi, and Grace Kao. “Fears and Anxieties of Asian Americans During the COVID-19 Pandemic” Invited to Asian Americans and COVID-19 Discrimination Presidential Panel, Eastern Sociological Society Annual Meeting (virtual)

- 2021 **Tessler, Hannah**, Meera Choi, and Grace Kao. “Single and Not Ready to Mingle: Attitudes Towards Romance by Age and Gender During COVID-19” Union Formation Across the Life Course Paper Session, American Sociological Association Annual Meeting (virtual)
- 2021 Choi, Meera, **Hannah Tessler**, and Grace Kao. “Worrying as a Form of Care Work: Gender Differences in Subjective Well-being during COVID-19” Gender Inequality Paper Session, American Sociological Association Annual Meeting (virtual)
- 2021 **Tessler, Hannah**. Invited to participate in panel discussion “Anti-Asian Violence and Hate Crimes” American Society of Criminology Panel (virtual)
- 2021 **Tessler, Hannah**, Meera Choi, and Grace Kao. “Is More Always Better? In-Person and Online Interactions with Friends in South Korea During COVID-19” International Comparisons and the COVID-19 Pandemic: Case Studies Paper Session, Population Association of America Annual Meeting (virtual)
- 2020 **Tessler, Hannah**, Meera Choi, and Grace Kao. “The Anxiety of Being Asian American: Hate Crimes and Negative Biases During the COVID-19 Pandemic” Invited to Racialization in the Era of BLM, COVID, and Trump Paper Session, California Sociological Association Annual Meeting (virtual)
- 2020 **Tessler, Hannah**. “When College Expectations and Reality Mismatch: Examining Racial Differences in Postsecondary Expectations and College Choice” Transitions to Higher Education Paper Session, American Sociological Association Annual Meeting (virtual)
- 2020 **Tessler, Hannah**, and Grace Kao. “Is Rejection a More Common Experience for Asian Americans? How Differences in College Application Strategy Affect Admissions Results” Diversity and Discrimination in the Education Pipeline and Labor Market Paper Session, Population Association of America Annual Meeting (cancelled due to COVID-19)

INVITED TALKS

- 2026 Invited to present paper at Stanford Family Workshop, Stanford University
- 2025 Invited speaker to Institute for Advanced Studies Singlehood Mini Workshop, The Singlehood CAT (Constructive Advanced Thinking) Project
- 2024 Invited to participate in Social Science Research Panel at AVEN (Asexuality Visibility and Education Network) Online Mini-Conference.

PUBLIC MEDIA AND WRITING

Featured in “The Great Romance Slump” by Faith Hill. *The Atlantic*. 2026.

Interviewed for BBC Radio 4 Podcast Episode “66. One is a Whole.” 2024.

Featured in “Romantic Relationships Turn Off Women More Than Men” by Bella DePaulo. *Psychology Today*. 2024.

Quoted in “Why I Love Love But Not Valentine’s Day” by Vicki Larson. *Medium*. 2024.

Featured in “An Overview of Asexuality and Aromanticism.” *Our Bodies Ourselves*. 2023.

Featured in “How Asexuals and Aromantics Create Intimacy and Family” by Bella DePaulo. *Psychology Today*. 2023.

Quoted in “4 Ways to Defy Stereotypes of What It Means to Be Single” by Bella DePaulo. *Psychology Today*. 2023.

Interviewed for COVIDCalls Podcast Episode 261, “Anti-Asian Racism in the Pandemic.” 2021.

Quoted in “What’s Driving the Surge in Anti-Asian Crimes, and How Can We Help the Victims?” by Don Rauf. *Everyday Health*. 2021.

SKILLS AND ADDITIONAL TRAINING

Data Analysis in STATA, R, Python; Data Visualization; Qualitative Interviewing; Qualitative Coding; NVivo; Dedoose; Advanced Proficiency in Mandarin Chinese

2026 UC Berkeley Workshop on Formal Demography, Competitive Funding for Participation in Summer Workshop

PROFESSIONAL ORGANIZATIONS

American Sociological Association, Population Association of America, Council for Contemporary Families, University of Michigan IRWG Emerging Scholars, Ace/Aro Scholars Support Network

REFERENCES

Elizabeth A. Armstrong
Sherry B. Ortner Collegiate Professor of
Sociology
University of Michigan
elarmstr@umich.edu

Grace Kao
IBM Professor of Sociology
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Rourke O’Brien
Associate Professor of Sociology
Yale University
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