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## PRIMARY APPOINTMENTS

Professor  
University of Michigan School of Nursing

Director  
University of Michigan Center for Japanese Studies

Founder and Director  
Multicultural Study of Trauma Recovery (MiStory)

<http://mistory-traumarecovery.org>

## EDUCATION

1980 Bachelor of Science in Nursing, Grand Valley State University  
1989 Master of Science, Major: Psychiatric-Mental Health Nursing, Minor: Psychology,  
University of Michigan  
1998 Ph.D., Major: Medical Anthropology, Minor: Psychology, Women's Studies, Japanese Culture,  
Wayne State University  
1999-2000 Postdoctoral Fellow, University of Michigan  
1999-2002 Postdoctoral Research Trainee, Case Western Reserve University

## TRAINING AND CERTIFICATION

2005-present PEERRS  
2012-2013 Faculty Scholar, Integrative Health Care, Michigan School of Medicine  
2015 The ACE Leadership Academy

## ACADEMIC, ADMINISTRATIVE, AND CLINICAL APPOINTMENTS

1985-1990 Staff Nurse, Adolescent and Adult Psychiatry, Herrick Memorial Hospital  
1980-1996 Staff Nurse, Child, Adolescent and Adult Psychiatry, University of Michigan Hospitals  
1988-1990 Instructor, Psychiatric Mental Health Nursing, Eastern Michigan University  
1990-1998 Assistant Professor, Madonna University  
1998-1999 Associate Professor, Madonna University  
2000-2005 Assistant Professor, Michigan State University  
2006-2011 Associate Professor, Michigan State University  
2012-present Associate Professor, University of Michigan  
2013-2016 Director of Graduate Professional Programs  
2014-2016 Vice-Chair, HBBS  
2017-2019 Associate Professor, University of Michigan  
2020-present Professor, University of Michigan  
2024-present Director, Center for Japanese Studies

## RESEARCH AND FUNDING

Principal Investigator <b>Fulbright Global Scholar Flex Research Award: Greece and Brazil</b>	2018-2020 \$50,000
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Council for International Exchange of Scholars	16%
Principal Investigator <b>Therapeutic Engagement: Comparing the impact of the DSM5 Cultural Formulation Interview and the Clinical Ethnographic Narrative Interview on patient-centered engagement outcomes</b> NIMHD	2020-2025 \$1,600,000 16 <sup>th</sup> percentile Unfunded
Principal Investigator <b>MiStory Expansion: Validating instruments and creating regional Infrastructure</b> IRWG Seed grant	2020-2022 \$5200
Principal Investigator <b>Cross-cultural comparison of trauma recovery after GBV</b> IRWG GBV and Sexual harassment research funding	2019-2021 \$7200
Principal Investigator <b>RCT CENI and trauma recovery U.S. and Japan</b> Center for Japanese Studies	2020-2022 \$24,700
Principal Investigator <b>Trauma Recovery for African American Mothers</b> Turner Grant	2020-2022 \$2,300
Co-PI (Goldner, Co-PI) <b>Psychological perspectives of Trauma Recovery: Cultural Psychology of Trauma Recovery</b> Guggenheim Foundation	2020-2022 \$125,000 Not Funded
Co-PI (Goldner, Co-PI) <b>A Culturally Informed Body-Mind Theoretical Model to Understand Recovery of Women Who Experience Intimate Partner Violence</b> Binational Research Grant	2020-2025 \$125,000 Not Funded
PI <b>MiStory 2.0 Incubator Grant</b> IRWG	2023-2025 \$7,500 Ongoing
PI <b>CENI RCT in US and Japan</b> Center for Japanese Studies	2022-2024 \$24,000 Ongoing
PI <b>Comparison of Japanese and US GBV survivors Recovery Needs</b> Center for Japanese Studies	2023-2025 \$30,000 Ongoing
Co-I (Argun, PI) <b>Understanding Rural Turkish women's help seeking and GBV recovery</b> TUBITAK	2024-2026 Ongoing
Co-I (Kita, PI) <b>Japanese IPV survivors Recovery Needs</b> Japanese Research Council Grant-In-Aide	2023-2027 Ongoing
Co-I (Zonp, PI) <b>Empowering Healing: The Impact of Clinical Ethnographic Narrative Interview on Recovery and Inflammation among Immigrant Women Survivors</b> NIMH Brain & Behavior Research Foundation (BBRF)	2024-2026 \$125,000 Pending
Mentor (Wolf, PI) <b>Self-Management for Young African Americans with Chronic Pain</b> K02 Minority Health and Health Disparities	2024-2026 Pending
Co-I (Sinko, PI) <b>Understanding the Feasibility and Acceptability of The Clinical Ethnographic Narrative Interview- Photo-experiencing (CENI-PE) to promote Healing Engagement for LGBTQ+ Women Who Have Experienced Gender-based Harm</b> Hillman Foundation	2024-2026 Pending

Co-I (Sinko, PI) <b>Advancing help-seeking and recovery measures for sexual and gender minority survivors of gender-based violence</b> R21 Minority Health and Health Disparities	2024-2027 Resubmission Pending
Co-I (Argun, PI) <b>Understanding Rural Turkish women's help seeking and GBV recovery</b> TUBITAK	2024-2026 Ongoing
Co-I (Kita, PI) <b>Japanese IPV survivors Recovery Needs</b> Japanese Research Council Grant-In-Aide	2023-2027 Ongoing

## AWARDS AND RECOGNITION

1999-2001 **Japan Scholar, American Association of Colleges and Universities**

This competitive program sought interdisciplinary scholars from around the U.S. It provided 3 years of training and cultural immersion to prepare faculty to teach interdisciplinary Japanese studies. We then taught a team developed course called "Time in Literature: Japanese studies across the disciplines."

2006 **Distinguished Alumni Award, Grand Valley State University**

2014 **Faculty of the American Academy of Nursing Induction**

2018 **Mentorship Award, Sigma Theta Tau, Rho Chapter**

## METHODS CORE PROGRAM

2013-present Michigan Mixed Method Research and Scholarship Program

## CONSULTATIONS

2003 **International consultant Medwin hospital, Jaya school of nursing, Hyderabad India**

2004 **ACCESS Arab community center cultural consultant**

2010-2013 **ATLAS training and supervision**

## PROFESSIONAL SOCIETY MEMBERSHIP

2017-Present

### Member

- Society for the Study of Psychiatry and Culture
- Mixed Method International Research Association

## EDITORIAL POSITIONS, BOARDS

Co-Editor (with Rachael Lev, Israel): *Frontiers in Clinical and Health Psychology* (Advances in the study of trauma recovery for Childhood Sexual Abuse)

## BIBLIOGRAPHY

## Peer-reviewed data-driven publications

1. **Saint Arnault, D.M.** (2002). Help seeking and social support among Japanese sojourners. *Western Journal of Nursing Research*, 24(3), 295-306.
2. **Saint Arnault, D.M.**, Sakamoto, S., & Moriwaki, A. (2005). The association between negative self-descriptions and depressive symptomology: does culture make a difference? *Archives of Psychiatric Nursing*, 19(2):93-100.
3. **Saint Arnault, D. M.**, Sakamoto, S., & Moriwaki, A. (2005). A cross-cultural study of the experiential structure of emotions of distress: preliminary findings in a sample of female Japanese and American college students. *Psychologia: International Journal of the Psychology of the Orient*, 48, 254–267.
4. **Saint Arnault, D. M.**, Sakamoto, S., & Moriwaki, A. (2006). Somatic and Depressive Symptoms in Female Japanese and American Students: A Preliminary Investigation. *Transcultural Psychiatry*, 43(2), 275-286.
5. **Saint Arnault, D.M.**, and Kim, Oksoo. (2008). Asian idioms of distress? Somatic distress symptoms in Japanese and Korean women. *Archives of Psychiatric Nursing*, 22(1), 27-38.
6. **Saint Arnault, D.M.** (2009). Cultural Determinants of Help Seeking: A theoretical model for research and practice. *Theory for Research and Practice*, 23(4), 259-278.
7. Bay, E., Sikorskii, A., **Saint Arnault, D. M.**, & Gao, F. (2009). Sex Differences in Depressive Symptoms and their Correlates. *Journal of Neuroscience Nursing*, 41(6):298-309.
8. **Saint Arnault, D.M.**, and Fetters, M. D. (2011). RO1 Funding for Mixed Methods Research: Lessons learned from the Mixed-Method Analysis of Japanese Depression Project. *Journal of Mixed Methods Research*, 5(4): 309-329.
9. **Saint Arnault, D.M.**, and Shimabukuro, S. (2012). The Clinical Ethnographic Interview: A user-friendly guide to the cultural formulation of distress and help seeking. *Transcultural Psychiatry* 49(2): 302-322 (41 out of 50 of the most-read articles of this journal)
10. **Saint Arnault, D.M.**, and Roels, D. J. (2012). Social Networks and the Maintenance of Conformity: Japanese sojourner women. *International Journal of Culture and Mental Health*, 5(2): 77-93.
11. **Saint Arnault, D.M.**, Molloy, M., and O'Halloran, S. (2012). The use of Psychodrama in Biodynamic Psychotherapy: Case Examples from a Domestic Violence Healing workshop. *International Journal of Family Studies*, 17(2): 112-119.
12. Shaku, F., and **Saint Arnault, D.M.** (2014). Measuring the effects of Zen training on quality of life and mental health among Japanese monk trainees: a cross-sectional study. *Journal of Alternative and Complementary Medicine*, 20(5):406-10.
13. **Saint Arnault, D.M.**, and O'Halloran, S. (2015). Biodynamic Psychotherapy for Trauma Recovery: A Pilot Study. *International Body Psychotherapy*, 14(1): 20-34.
14. Hatashita, H., Suzuki, H., **Saint Arnault, D.M.**, Kawai, Y., Jikumaru, K., Kawata, S., and Igura, K. (2015). Cultural Characteristics of Stress Management in Japanese Women. *Journal of the Japan Academy of the Community Health Nursing [In Japanese]*, 18 (2-3), 13-21.
15. Yoon, H., Chatters, L., Gao, A., **Saint Arnault, D.M.**, and Northouse, L. (2016). Factors Impacting Quality of Life among Korean American Cancer Survivors: An Integrative Review. *Oncology Nursing Forum*, 43(3): E132-42.
16. **Saint Arnault, D.M.**, and Shimabukuro, S. (2016). Floating on Air: Fulfillment and Self-in-Context for Distressed Japanese Women. *Western Journal of Nursing Research*, 38 (5), 572-595.
17. **Saint Arnault, D.M.**, & O'Halloran, S. (2016). Using mixed methods to understand the healing trajectory for rural Irish women years after leaving abuse. *Journal of Research in Nursing*, 21(5-6), 369-383.
18. **Saint Arnault, D.M.**, Hatashita, H., & Suzuki, H. (2016). Semantic Examination of a Japanese Center for Epidemiologic Studies Depression: A Cautionary Analysis Using Mixed Methods. *Canadian Journal of Nursing Research*, 48(3-4), 80-92.
19. de Souza, J., Magalhães, R. C., **Saint Arnault, D.M.**, Oliveira, J. L. D., Barbosa, S. P., Assad, F. B., ... & de Andrade, L. S. (2017). The Role of Social Support for Patients with Mental Disorders in Primary Care in Brazil. *Issues in Mental Health Nursing*, 1-10.
20. Hatashita, H., Suzuki, H., **Saint Arnault, D.M.**, Kawai, Y., Jikumaru, K., Kawata, S., and Igura, K. (2017). Sociocultural Factors Affecting the Health of Pregnant and Puerperal Brazilian Women in Japan (in Japanese); *Journal of International Health*, 32(2), 69-81.

21. **Saint Arnault, D.M.** (2017). The use of the Clinical Ethnographic Narrative Interview to understand and support help seeking after gender-based violence. *Testing, Psychometrics, and Methodology in Applied Psychology*, 24(3):423-436.
22. **Saint Arnault, D.M.**, and Woo, S. (2017). The Importance of Perceived Need in Help Seeking for Japanese Women: A Preliminary Investigation of Sociocultural Contributions. *Archives of Psychiatric Nursing*, 31(6):572-577.
23. **Saint Arnault, D.M.**, Woo, S. and Gang, M. (2018). Factors Influencing on Mental Health Help-Seeking Behavior among Korean Women: A Path Analysis. *Archives of Psychiatric Nursing*, 32(1)120-126.
24. **Saint Arnault, D.M.**, Gang, M., and Woo, S. (2018). Construct Validity and Reliability of the Beliefs towards Mental Illness Scale for American, Japanese, and Korean Women. *Research and Theory for Nursing Practice*, 31(4), p. 349-363.
25. **Saint Arnault, D.M.** (2018). Defining and Theorizing about Culture: The Evolution of the Cultural Determinants of Help Seeking-Revised. *Nursing Research*, 67 (2), 161–168.
26. Hartmann, W., Gone, J., and **Saint Arnault, D.M.** (2018). A Return to "The Clinic" for Community Psychology: Lessons from a Clinical Ethnography in Urban American Indian Behavioral Health. *American Journal of Community Psychology*, 61(1-2):62-75.
27. Brush, B., Guiltekin, L., Dowdell, E., **Saint Arnault, D.M.**, and Statterfield, K. (2018). Understanding Trauma Normativeness, Normalization, and Help Seeking in Homeless Mothers. *Trauma and Violence*, DOI: 10.1177/1077801217738583.
28. **Saint Arnault, D.**, & Woo, S. (2018). Testing the influence of cultural determinants on help-seeking theory. *American Journal of Orthopsychiatry*, 88(6), 650.
29. Vos, C., **Saint Arnault, D.M.**, Struble, L., Ambrose-Gallagher, N., & Larson, J.L. (2018). The Experience and Meaning of Physical Activity in Assisted Living Facility Residents. *Journal of Aging and Physical Activity*.
30. Yoon, H., Chatters, L., Kao, T. S. A., **Saint-Arnault, D.**, & Northouse, L. (2018). Predictors of quality of life and depression among Korean American cancer patients and their family caregivers. *Psycho-Oncology*, 27(12), 2717-2724.
31. de Souza, J., Oliveira, J. L. D., Oliveira, J. L. G., Almeida, L.Y., Guano, L., and **Saint Arnault, D.M.** (2019). Grupo de promoção à saúde mental para mulheres: resultados de um estudo piloto (Mental Health Promotion Group for Women: Results of a Pilot study) (In Portuguese). *Journal of School of Nursing - University of São Paulo*.
32. Burns, J. C., **Saint Arnault, D.** & Spencer, G. (2019). Examining attitudes, norms, and perceived control: Young African American males' views of social media as a mode for condom use education. *Cogent Social Sciences*, 5(1), 1588840.
33. Gaino, L. V., de Almeida, L. Y., de Oliveira, J. L., Nievas, A. F., **Saint-Arnault, D.**, & de Souza, J. (2019). The role of social support in the psychological illness of women. *Revista latino-americana de enfermagem*, 27.
34. **Saint Arnault, D. M.**, & Sinko, L. M. (2019). Hope and fulfillment after complex trauma: using mixed methods to understand healing. *Frontiers in psychology*, 10, 2061.
35. Sinko, L., & **Saint Arnault, D. M.** (2019). Finding the strength to heal: Reconnecting the self back to others and the world. *Violence against Women*. doi:1077801219885185
36. Gaino, L. V., Almeida, L. Y. D., Oliveira, J. L. D., Nievas, A. F., **Saint-Arnault, D.**, & Souza, J. D. (2019). El papel del apoyo social en la enfermedad psíquica de las mujeres. *Revista Latino-Americana de Enfermagem*, 27.
37. Gaino, L. V., Almeida, L. Y. D., Oliveira, J. L. D., Nievas, A. F., **Saint-Arnault, D.**, & Souza, J. D. (2019). O papel do apoio social no adoecimento psíquico de mulheres. *Revista Latino-Americana de Enfermagem*, 27.
38. Sinko, L., Burns, C. J., & **Saint Arnault, D. M.** (2019). Trauma recovery is cultural: Understanding shared and different healing themes in Irish and American survivors of gender-based violence. *Journal of Interpersonal Violence*. doi:0886260519829284.
39. Sinko, L., Munro-Kramer, M., Conley, T., Burns, C. J., & **Saint Arnault, D. M.** (2020). Healing is not linear: Using photography to describe the day-to-day healing journeys of undergraduate women survivors of sexual violence. *Journal of Community Psychology*, 48 (3).

40. Smith, A., **Saint Arnault, D.**, and Whittman, D. (2020). The ecology of patients' sexual health adjustment after prostate cancer treatment: The influence of the social and healthcare environment. *Oncology Nursing Forum*.
41. Hartmann, W., **Saint Arnault, D.**, and Gone, J. (2020). Reconsidering Rigor in Psychological Science: Lessons from a Brief Clinical Ethnography. *Qualitative Psychology* 7 (2), 169.
42. Burns, C.J., and **Saint Arnault, D.M.** (2020) Silently Screaming in the Dark: Gender-Based Dynamics of Distress in Japanese Migrants. *Issues in Mental Health Nursing* 42 (1), 38-45.
43. Kahn-John, M., & **Saint Arnault, D.M.** (2020). The Diné (Navajo) Hózhó Lifeway: A focused ethnography on intergenerational understanding of American Indian Cultural Wisdom. *Transcultural Nursing* 32(3), 256-265.
44. Burns, J., Chakraborty, S., & **Saint Arnault, D.** (2021). Social Media Preference and Condom Use Behaviors an Analysis with Young African Males. *Health Education & Behavior*.
45. Sinko, L., Schaitkin, C., & **Saint Arnault, D.** (2021). The Healing after Gender-Based Violence Scale (GBV-Heal): An Instrument to Measure Recovery Progress in Women-Identifying Survivors. *Global Qualitative Nursing Research*, 8, 2333393621996679.
46. Sinko, L., & **Saint Arnault, D.** (2021). Photo-elicitation and Reflective Listening (PEARL): A trauma-informed qualitative method to explore day-to-day emotions and experiences. *Public Health Nursing*, doi: 10.1111/phn.12904. Online ahead of print.
47. **Saint Arnault, D. M.** & Sinko, L.M. (2021). Comparative Ethnographic Narrative Analysis Method: Comparing culture in narratives (DOI: 10.1177/23333936211020722/ ID: GQNR-21-0001.R2) in *Global Qualitative Nursing Research*.
48. Rodelli, M., Koutra, K., Thorvaldsdottir, K. B., Bilgin, H., Ratsika, N., Testoni, I., & **Saint Arnault, D. M.** (2021). Conceptual Development and Content Validation of a Multicultural Instrument to Assess the Normalization of Gender-Based Violence against Women. *Sexuality & Culture*, 1-22.
49. Sinko, L., Goldner, L., & **Saint Arnault, D. M.** (2021). The trauma recovery actions checklist: applying mixed methods to a holistic gender-based violence recovery actions measure. *Sexes*, 2(3), 363-377.
50. Sinko, L., & **Saint Arnault, D.** (2021). Photo-experiencing and reflective listening: A trauma-informed photo-elicitation method to explore day-to-day health experiences. *Public Health Nursing*, 38(4), 661-670.
51. Thorvaldsdottir, K. B., Halldorsdottir, S., Johnson, R. M., Sigurdardottir, S., & **Saint Arnault, D.** (2021). Adaptation of the barriers to help-seeking for trauma (BHS-TR) scale: a cross-cultural cognitive interview study with female intimate partner violence survivors in Iceland. *Journal of patient-reported outcomes*, 5(1), 1-13.
52. Thorvaldsdottir, K. B., Halldorsdottir, S., & **Saint Arnault, D. M.** (2022). Understanding and measuring help-seeking barriers among intimate partner violence survivors: mixed-methods validation study of the Icelandic Barriers to Help-Seeking for Trauma (BHS-TR) scale. *International Journal of Environmental Research and Public Health*, 19(1),104.
53. Zonp Z, **Saint Arnault D.M.** (2022). The Reliability and Predictive Validity of Sense of Coherence Scale for American Survivors of Gender-Based Violence. *Violence Against Women*. 15:10778012221120445. doi: 10.1177/10778012221120445.
54. Thorvaldsdottir KB, Halldorsdottir S, **Saint Arnault D.M.** (2022). Using Mixed Methods Integration to Evaluate the Structure of Help-Seeking Barriers Scale: A Survivor-Centered Approach. *Int J Environ Res Public Health*.
55. Bryngeirdottir, H. S., **Saint Arnault, D. M.**, & Halldorsdottir, S. (2022). The post-traumatic growth journey of women who have survived intimate partner violence: A synthesized theory emphasizing obstacles and facilitating factors. *International journal of environmental research and public health*, 19(14), 8653.
56. Hartmann, W. E., **Saint Arnault, D. M.**, & Gone, J. P. (2022). Conceptualizing culture in (global) mental health: Lessons from an urban American Indian behavioral health clinic. *Social Science & Medicine*, 301, 114899.
57. Sinko, L., Ploutz-Snyder, R., Kramer, M. M., Conley, T., & **Saint Arnault, D.** (2022). Trauma history as a significant predictor of posttraumatic growth beyond mental health symptoms in women-identifying survivors of undergraduate non-consensual sexual experiences. *Violence and victims*, 37(3), 396-421.

58. Kita, S., Zonp, Z., & **Saint Arnault, D.** (2022). Initial testing of components of the cultural determinants of trauma recovery (CDTR) theory amongst American Gender-Based violence survivors: Structural equation modelling. *Journal of Advanced Nursing*.
59. Koutra, K., Burns, C., Sinko, L., Kita, S., Bilgin, H., & Arnault, D. S. (2022). Trauma Recovery Rubric: A Mixed-Method Analysis of Trauma Recovery Pathways in Four Countries. *International Journal of Environmental Research and Public Health*, 19(16), 10310.
60. **Saint Arnault, D.**, & Zonp, Z. (2022). Understanding help-seeking barriers after gender-based violence: validation of the Barriers to Help Seeking-Trauma version (BHS-TR). *Archives of psychiatric nursing*, 37, 1-9.
61. Kita, S., Kamibepu, K., & **Saint Arnault, D.** (2022). "Knitting Together the Lines Broken Apart": Recovery Process to Integration among Japanese Survivors of Intimate Partner Violence. *International journal of environmental research and public health*, 19(19), 12504.
62. Zonp, Z., Ozturk, B., Guler, A., & **Saint Arnault, D. M.** (2022). Coping strategies among women exposed to Gender-Based violence in Turkey. *Journal of Advanced Nursing*, 78(12), 4236-4245.
63. Freedman, A., Silow, T., Gold, S., Pope, T., & **Saint Arnault, D. M.** (2022). The Somatic Post-Encounter Clinical Summary (SPECS): A New Instrument for Practitioners and Researchers to Measure the Wisdom of Somatic Intelligence. *International Body Psychotherapy Journal*, 21(1).
64. Blazek, J. L., **Saint Arnault, D. M.**, & Carter, R. (2024). Breasts, Butts, and Thighs—Oh My! Weight Spurt and Body Image Messages in Girls' Puberty Books. *Journal of Adolescent Research*, 07435584221076052.
65. Sorsa, M., Bryngeirsdottir, H. S., & Paavilainen, E. (2023). "Going Forward like a Grandmother in the Snow": Personal survival strategies, motherhood, and nature as resources for mothers who have experienced intimate partner violence. *International journal of environmental research and public health*, 20(7), 5389.
66. Inan-Budak, M., Zonp, Z., Köse, A. M., & Saint-Arnault, D. M. (2023). Psychometric evaluation of the Social Support Questionnaire for Transactions in Turkish gender-based violence sample. *Archives of psychiatric nursing*, 45, 184-191.
67. Alves, A. M., Saint-Arnault, D., Boroski, A. H., Scherer, Z. A. P., Carvalho, M. T. V. F. D., Oliveira, J. L. D., & Souza, J. D. (2023). Clinical ethnographic narrative interview about the experience of women discharged from the prison system. *Texto & Contexto-Enfermagem*, 32, e20220329.
68. Mughal, F. B., & **Saint Arnault, D.** (2024). Protective factors affecting trauma recovery among female South Asian immigrant intimate partner violence survivors: a scoping review. *Trauma, Violence, & Abuse*, 15248380241231602.
69. Sinko, L., Hah, J., Manders, K., **Saint Arnault, D.**, & Teitelman, A. (2024). A feasibility and acceptability assessment of photo-experiencing and reflective listening (PEARL): an intervention to promote recovery engagement after gender-based harm. *Violence against women*, 10778012241231775.
70. Tarabih, S., & Saint Arnault, D. M. (2024). Enabling factors that facilitate recovery among survivors of gender-based violence. *Journal of Psychiatric and Mental Health Nursing*.  
<https://doi.org/10.1111/jpm.13037>
71. Kita, S., Sinko, L., Koutra, K., and Saint Arnault, D.M. (In Press). Development of the Self-Assessment for Trauma Recovery Tool (START) for Survivors of Gender-based Violence: Classification using Latent Class Analysis. *Psychology of Violence*.
72. James, K. et al. (In Press). Racism-related stress and mental health among Black women living in Los Angeles County, California: A comparison of postpartum mood and anxiety disorder screening scales. *Archives of Womens Mental Health*.
73. Castro, A. Wemrell, M., Rodelli, M. and Saint Arnault, D.M. (Under Review). Understanding recovery of Latina migrant victims of intimate partner violence against women: Barriers and facilitators. *Journal of Aggression, Maltreatment & Trauma*.
74. Kita, S., Zonp, Z., Koutra, K., Sorsa, M, Bryngeirsdóttir, H., Thorvaldsdóttir, K., Beardmore, L., Sinko, L. and Saint Arnault, D. M. (Under Review). Cultural influences on Trauma Recovery after Gender-Based Violence: Multiple-country Structural Equation Modeling. *Transcultural Psychiatry*.
75. Sinko, Laura; Sorsa, Minna; Beardmore, Leisha; Thorvaldsdóttir, Karen; Bryngeirsdóttir, Hulda; Kita, Sachiko; Koutra, Kleio; Zonp, Zeynep; Rodelli, Maddalena; Kylmä, Jari; Ikeda, Mari; Saint Arnault, Denise (Under Review). *Global Voices of Trauma Recovery: A Synthesis of Survivor-*

- Provided Advice for Overcoming Gender-Based Violence Across Seven Countries. Qualitative Health Research.
76. Kita, S., Sinko, L., and Saint Arnault, D.M. (Under review). Establishing a Cutoff Score for the Healing After Gender-based Violence Scale (GBV-Heal): A Brief Report. *Journal of Family Violence*.
  77. Evans, H. Masciantonio, E., Saint Arnault, D.M., Sinko, L. (Under Review). Illuminating Barriers to Help-seeking For Young Adult Survivors of GBV. *Violence against Women*.
  78. Mughal, F. and Saint Arnault, D.M. (Under Review). Enhancing the Recovery Process for Undergraduate Women Survivors of Sexual Violence: Identifying Facilitators to Healing. *Violence Against Women*.
  79. Mughal, F. and Saint Arnault, D.M. (Under Review). Psychometric Evaluation of a Multicultural Instrument: Normalization of Gender Based Violence against Women Scale, *Journal of Family Violence*.
  80. Midhat-Najami, Nihal; Goldner, Limor; Lev-Wiesel, Rachel; Saint Arnault, Denise. (Under Review), "Being My Own Pillar of Support": How Palestinian-Arab Women Citizens of Israel Cope with IPV. *Journal of Interpersonal Violence*.
  81. Szyfer Lipinsky, Aiala; Goldner, Limor; Hadar, Dana; Saint Arnault, Denise. (Under Review). Predicting Recovery Pathways in Jewish Ultra-Orthodox IPV Survivors: A Structural Equation Modeling Approach. *Journal of Interpersonal Violence*.
  82. Tarabih, S., & Saint Arnault, D. M. (2024). Application of the Trauma Recovery Rubric to Sample of Women Survivors of Gender-Based Violence. *Archives of Psychiatric Nursing*.
  83. Saint Arnault, D.M. and Zonp, Z. (Under Review). Revising the original Antonovsky Sense of Coherence concepts: A Mixed Method development of the Sense of Meaning Inventory (SOMI). *Journal of Positive Psychology*.

## Books

1. Saint Arnault, D. M. *The Clinical Ethnographic Narrative Interview: Illuminating Meaning and Culture*. San Diego, CA: Cognella

## Peer-Reviewed Invited Chapters

1. **Saint Arnault, D.M.** (1998). Framework for culturally relevant Psychiatric nursing. In E. Varcarolis (ed.), *Foundations of psychiatric nursing* (3rd ed.), p. 119-141. Philadelphia: W.B. Saunders Company.
2. **Saint Arnault, D.M.** (2001). Culturally Relevant Mental Health Nursing. In E. Varcarolis (ed.), *Foundations of psychiatric nursing* (4th ed.), p. 144-163. Philadelphia: W.B. Saunders Company.
3. **Saint Arnault, D.M.** (2003). The Japanese. *Encyclopedia of Medical Anthropology (Vol 1)*. Yale University.
4. Currier, C., Lucas, J., & **Saint Arnault, D.M.** (2009). Developing culturally competent nurses through experiential education abroad. Lewin, R. (Ed). *The Handbook of Practice and Research in Study Abroad: Higher Education and the Quest for Global Citizenship*. New York: Routledge.
5. **Saint Arnault, D.M.**, M. Molloy, and S. O'Halloran, and G. Bell. (2013). "You made your bed; now you can lie in it." the Biodynamic understanding of healing the social mechanisms keeping women in abusive relationships. In "*Daphne and the centaurs: Overcoming gender-based violence*" (Ed: Caterina Arcidiacono, Ines Testoni & Angelika Groterath, Ch 7; Budrich International Publisher. *Invited*
6. **Saint Arnault, D.M.**, and O'Halloran, S. (2014). Qualitative dimensions of healing from trauma. C. Young (Ed.) *The Body in Relationship: Self-Other-Society*" EABP-ISC Congress Papers. *Invited*.
7. **Saint Arnault, D.M.** (2014). The integration of grounded theory within clinical ethnographic research, in M. de Chesnay (Ed.) *Springer Series on Qualitative Nursing Research*, Volume 1: Grounded Theory. New York: Springer.
8. **Saint Arnault, D.M.** (2014). The Mental Health System in Japan, in James Babb (Ed.), *Handbook of Modern Japanese Studies*. Sage: Thousand Oaks, CA.



9. **Saint Arnault, D.M.** (2018). Encyclopedic Dictionary: Behavior and Mental Health. Gender and Global Mental Health.
10. **Saint Arnault, D. M.** (2021). Cultural Humility in Health Promotion. In M. Frenn & D. Whitehead (Eds.), Health Promotion: Translating evidence to practice. Philadelphia: F.A. Davis.

### Book Reviews

1. **Saint Arnault, D.M.** (2011). BOOK REVIEW: Nursing Globalization in the Americas: A Critical Perspective, Karen M. Breda, Amityville: Baywood Publishing Company. Medical Anthropology Quarterly.

### Case Studies

1. **Saint Arnault, D.M.**, and O'Halloran, S. (2016). Understanding Healing from Trauma Using Feminist Ethnographic Mixed Methods. *SAGE Research Methods Cases*.

### Reports

1. **Saint Arnault, D.M.** (2014). Research Studies in Domestic Violence: Biodynamic Healing. Athlone, Ireland: SAFEIreland.

### Media

1. **Saint Arnault, D.M.** (2013). The conversion of the DSM-IV Cultural Formulation into a user-friendly Clinical Ethnographic Interview. Podcasts for Transcultural Psychiatry. McGill University. Montreal, Canada.
2. Saint Arnault, D.M. CENI: Clinical Ethnographic Narrative Interview. Technology #2018-385. Tech Transfer: University of Michigan. <https://tinyurl.com/CENILicense>.

### Abstracts

1. **Saint Arnault, D.M.** (1999). Integrative Model of Culturally Competent Care: A13. Nurse Practitioner 24 (Suppl): 7.
2. **Saint Arnault, D.M.** (1999). Health care for Japanese women: B13. Nurse Practitioner: 24 (Suppl):7
3. Bay, E., Sikorskii, A., and **Saint Arnault, D.M.** (2008). Journal of Head Trauma Rehabilitation, 23 (5):p. 351.
4. **Saint Arnault, D. M.** (2005). "The social mind-body: Anthropological contributions to the study of the self." Nursing and Health Sciences 7(1): 77.

### International Keynote Presentations

1. **Saint Arnault, D.M.** (2004, June). The Social Mind-Body; Anthropological Contributions to the study of the Holistic Person. The 3<sup>rd</sup> International Mind-Body Nursing Congress, Seoul, Korea.
2. **Saint Arnault, D.M.** (2014, March). Research Studies in Domestic Violence: Understanding the Underreporting of Trauma. Dublin, Ireland: SAFEIreland
3. **Saint Arnault, D.M.** (2015, August). Mixed-methods in nursing research. 10<sup>th</sup> International Conference of the Rural and Community Health Society of Japan.
4. **Saint Arnault, D.M.** (2016, March). Mixed methods and the advancement of nursing science. Memorial address for the 10th annual international Conference. Mie, Japan.
5. **Saint Arnault, D.M.** (2016, November). Mental Health of Women: International Perspective. 14<sup>th</sup> International Conference on Women's Mental Health. Prieto Ribeiro, Brazil. **Keynote Address.**
6. **Saint Arnault, D.M.** (2016, November). Mechanisms of Silence and Voice. National Summit. Safe Ireland. Dublin, Ireland.
7. **Saint Arnault, DM.** (2023, November). Use of the CENI In Research and Clinical Practice. University of Burdur.
8. **Saint Arnault, DM.** (2023, October). Use of the CENI In research and Clinical Practice in Social Work. Hellenistic Mediterranean. University. Crete, Greece.

9. **Saint Arnault, DM** and Sinko, L. (2023, May). Use of Mixed Methods and Innovations in Narrative research. University of Tokyo, Japan.
10. **Saint Arnault, D.M.** 2023, October. Advancing the science of Trauma Recovery: MiStory Research Retreat, Hellenistic Mediterranean. University. Crete, Greece.
11. **Saint Arnault, DM.** 2023, December. Use of the CENI In Research and Clinical Practice for Survivors of IPV. University of Tokyo, Japan.
12. **Saint Arnault, DM.** 2023, September. Narrative methods for Trauma recovery treatment. Domestic Violence Advocacy Service, Sligo, Leitrim and West Cavan, Ireland.
13. **Saint Arnault, DM.** 2023, December. Use of the CENI In Research and Clinical Practice for Survivors of IPV. University of Tokyo, Japan.
14. **Saint Arnault, D.M.** 2023, October. Advancing the science of Trauma Recovery: MiStory Research Retreat, Hellenistic Mediterranean. University. Crete, Greece.

### International Peer-Reviewed Presentations

1. Martinez, H., Hatashita, H., **Saint Arnault, D.M.**, and Suzuki, M. (2009, September). Culture & Women's Health: Culture and Help Seeking for the Stress Experienced by Japanese-Brazilian Women. World Academy of Nursing Science, Kobe, Japan.
2. **Saint Arnault, D.M.** Molloy, M., & O'Halloran, S. (2012, February). The Biodynamic Approach for treatment of Trauma. World Congress for Domestic Violence Shelters, Washington DC
3. **Saint Arnault, D.M.** (2009, September). Cultural Determinants of Help Seeking: A model for research and practice. 1st International Nursing Research Conference of World Academy of Nursing Science, Kobe, Japan.
4. **Saint Arnault, D.M.**, and Kim, O. (2009, September). Culture and Somatic Idioms of Distress: Depressed Japanese, Korean and American students. 1st International Nursing Research Conference of World Academy of Nursing Science, Kobe, Japan.
5. O'Halloran, S, **Saint Arnault, D.M.** & Molloy, M., & Bell, G. (2012, November). The Biodynamic Approach for treatment of Sexual trauma. Third International Conference on Survivors of Rape, Galway, Ireland.
6. **Saint Arnault, D.M.**, Molloy, M. and Sharon O'Halloran. (2013, February). The use of Psychodrama in Biodynamic Psychotherapy: Case Examples from a Domestic Violence Healing workshop. International Conference Ending Gender Violence, Padua, Italy
7. **Saint Arnault, D.M.** (2014, March). Women's voices: Healing from DV Trauma. Castlebar, Ireland: SAFEIreland.
8. **Saint Arnault, D.M.**, and O'Halloran, S. (2015, September). Trauma recovery, social connectedness, and help seeking. European Conference on Domestic Violence. Belfast, Northern Ireland.
9. Saint Arnault, D.M. (2015, September). Using Mixed Methods to study Body Psychotherapy, International Body Psychotherapy Conference, Lisbon, Portugal.
10. Aroian, K., Im, E-O, Messias, D., **Saint Arnault, D.M.**, and Tappen, R. (2017, May). Designing, Implementing, and Evaluating Culturally Tailored Interventions. International Council of Nursing: Barcelona, Spain.
11. **Saint Arnault, D.M.**, Biglia, B., Bucuta, M., O'Halloran, S., Ribeiro, L., Sinko, L., & Testoni, I. (2017, March). Understanding the Trauma Recovery Journey: An International Ethnographic Study of Help Seeking. 7th World Congress on Women's Mental Health. Dublin, Ireland.
12. **Saint Arnault, D.M.** (2017, March). Using Mixed Methods to Design Innovative Nursing Research. University of Tokyo School of Nursing. Tokyo.
13. Sinko, L., and Burns, C.J., **Saint Arnault, D.M.** (2018, March). Cultural variations in the meaning of healing: Irish and American Women. Social Science Research Forum, Akureyri, Iceland.
14. **Saint Arnault, D.M.**, Sinko, L., Burns, C.J., and O'Halloran, S. (2018, August). Is Trauma Recovery Cultural? Using Ethnography to understand the nature of Help Seeking after Gender-Based Violence. World Nursing Research Conference. London, England.
15. Burns, C.J., Sinko, L., **Saint Arnault, D.M.** (2019, April). International Domestic Violence Conference. A Cross-Cultural Comparison of Trauma Recovery. Oslo, Norway.
16. Sinko, L. & Saint Arnault D.M. (2020, June) Innovations to prevent or respond to gender-based violence. 23rd Nursing Network on Violence Against Women International (NNVAWI) Conference, Malmö, Sweden.

17. Sinko, L., Taran, A., & Saint Arnault D.M. (2020, June) Creating an Instrument to Better Measure Healing in Female Survivors of Gender-based Violence. 23rd Nursing Network on Violence Against Women International (NNVAWI) Conference, Malmö, Sweden.
18. Saint Arnault, DM, Wemrell, M, Sorsa, Minna, and Bryngeirsdóttir, H. (2023). Use of Narrative methods to illuminate Culture and Trauma Recovery. Panel Presentation at the European Congress of Domestic Violence, Iceland. September.

### National Invited Presentations

1. **Saint Arnault, D.M.** (2007, March). Triangulated Datasets. Psychological Anthropology Association, Los Angeles, CA.

### National Peer-Reviewed Presentations

1. **Saint Arnault, D.M.** (1999, November). An integrative model of culturally competent care and Health beliefs in Japanese culture. National Conference for Nurse practitioners, Washington, D.C.
2. **Saint Arnault, D.M.** (2000, October). Partnering with Grassroots organizations, National Critical and Feminist perspectives in Nursing Conference, San Diego, CA.
3. **Saint Arnault, D.M.** (2004, March). Culturally-Based Idioms of Distress: Innovative Strategies for Research. Society for Applied Anthropology, Dallas, TX
4. **Saint Arnault, D.M.** (2004, October). Culture, the self, and Self-esteem in Japanese and American Women. The National State of the Science Congress, Washington, D.C
5. **Saint Arnault, D.M.** and Kim, Oksoo. (2005, March). Does Asian Heritage affect Depression Symptoms? A comparison of Depressed Japanese and Korean somatic symptoms, Society for Applied Anthropology, Santa Fe, MN.
6. **Saint Arnault, D.M.** (2009, March). Nursing and Anthropology: A Marriage of Disciplines to Promote Health, Parts I, and II. Society for Applied Anthropology, Santa Fe, NM. **Session organizer.**
7. **Saint Arnault, D.M.**, Huttlinger, K., Caverly, P. and Tafoya, N, (2009, March). Sovereignty Ethics and Community Based Research: Working Together with Tribal IRBs, Santa Fe, NM.
8. Motohara, S., and **Saint Arnault, D.M.** (2009, March). Causal Models of Stress and Choice of Help Seeking in Japanese Women. Society for Applied Anthropology Santa Fe, NM.
9. \*Shimabukuro, S. and **Saint Arnault, D.M.** (2009, March). Relationship between Ikigai and Health among Japanese Women Living in America. Society for Applied Anthropology, Santa Fe, NM.
10. Uemura, N., Hatashita, H., Kinjyo, K. & **Saint Arnault, D.M.** (2011). An examination of the effectiveness of supporting self-help groups for expectant Brazilian females residing in Japan– From a cross-cultural nursing perspective. 41st Biennial Convention in Grapevine, Texas.
11. **Saint Arnault, D.M.** (2008, October). Untangling the knot of culture and depression: using mixed methods research to advance nursing science. State of the Science, Washington, DC.
12. **Saint Arnault, D.M.** Chrisman, N., Barbee, E., and Huttlinger, K.(2009, March). Clinical Anthropology: Merging Clinical and Ethnographic Disciplines. Society for Applied Anthropology, Santa Fe, NM. Roundtable organizer.
13. **Saint Arnault, D.M.** (2011, March). Using applied anthropology to expose, illuminate, and find meaning. Session at the Society for Applied Anthropology, Seattle, WA.

### Regional Presentations

1. **Saint Arnault, D.M.** (1998, June). Perinatal issues in Asian women. Perinatal Nursing Conference, Ann Arbor, MI.
2. **Saint Arnault, D.M.** (1999, March). Social support in Japanese company wives: *Enryo* and hierarchy. Midwest Nursing Research Society, Dearborn, MI.
3. Brough, E., **Saint Arnault, D.M.**, and Stein, K.F. (1999, March). Self-esteem instability and the context in women with eating disorders. Midwest Nursing Research Society, Dearborn, MI.
4. **Saint Arnault, D.M.** (2000, April). Help seeking and social support: The case of Japanese women. Midwest Nursing Research Society, Cleveland, OH.
5. **Saint Arnault, D.M.** (2001, April). Self-structure and distress in Japanese women. Midwest Nursing Research Society, Cleveland, OH.
6. **Saint Arnault, D.M.** (2003, March). Diversity in Co-Occurring symptoms of Depression. Midwest Nursing Research Society, St Louis, MO.

## Local presentations

1. **Saint Arnault, D.M.** (2002, October). Teaching the Template: Critical Cultural dimensions in International Health Education. 2nd International Education Conference, Grand Valley State University, Grand Rapids, MI.
2. **Saint Arnault, D.M.**, and Fetters. D.M. (2006, February). Depression in Japanese People Living in Michigan. Depression Center Colloquium Series, Ann Arbor.
3. **Saint Arnault, D.M.** (2007, February). Depression and distress in Japanese women living in America. Center for Japanese Studies, Ann Arbor, MI.
4. **Saint Arnault, D.M.** (2015, February). Culture and Suicide. Center for Japanese Studies, Ann Arbor, MI.
5. **Saint Arnault, D.M.** (2015, March). Culture and distress in counseling. Harold A. Korn Series on College Student Mental Health, Ann Arbor, MI.
6. Seng, J., Monro, M., and **Saint Arnault, D.M.** (2016, April). Taboo Topics: Telling tales out of school. Dean's Research Day, University of Michigan School of Nursing. Ann Arbor.
7. Minch, E., and **Saint Arnault, D.M.** (2016, April). Neurobiology of Sexual Assault: Advocating, Educating, and Informing. Deans Research Day, University of Michigan School of Nursing. Ann Arbor.
8. Sinko, L., and **Saint Arnault, D.M.** (2017, April). Feasibility and Acceptability of the Use of the Clinical Ethnographic Narrative Interview in Survivors of Trauma. Deans Research Day, University of Michigan School of Nursing. Ann Arbor.
9. Burns, C.J., Sinko, L., **Saint Arnault, D.M.** (2018, May). Michigan Meeting – Ending Gender-Based Violence. Abstract submitted for poster presentation: Trauma Recovery in Irish and American Women: A Story of Courage and Strength. Ann Arbor, MI.
10. Burns, C.J., Sinko, L., **Saint Arnault, D.M.** (2018, April). University of Michigan School of Nursing Dean's Research Day. Abstract submitted for poster presentation: Surviving Gender-Based Violence: A Cross-Cultural Comparison of Trauma Recovery. Ann Arbor, MI.