

The Center for Global and Intercultural Study, also known as CGIS [SEE-JIS], offers a wide range of programs to help you reach your academic, professional, and personal goals.

Connect with CGIS

Monday-Friday, 8am-5pm

Weiser Hall, Suite 200 500 Church Street Ann Arbor, MI 48109

cais@umich.edu (734) 764-4311

Visit myumi.ch/w7r39 to follow us, read student blogs, & subscribe to our biweekly newsletter!



WHY STUDY ABROAD?

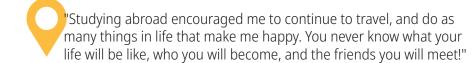
Students study abroad for a variety of reasons, such as fulfilling degree requirements, boosting resumes or grad school applications, learning languages and cultures, and more. Here's a few highlights from recent students:

'This experience has brought me so much clarity in what I want for my life and has been a period of self-discovery for me."

> "My time abroad allowed me to dive much deeper into the academics and the extracurriculars I am passionate about!

'A must-have experience, that allows you to discover and explore new cultures as well as amazing people. You get to learn in the most engaging ways possible."

"Study abroad is the chance to settle into a lifestyle and tempo that you would otherwise never experience at a home university."



What's inside:

Explore Opportunities MAPs + Advising Staff Faculty-led programs: Languages + GCCs Student Perspectives 7-8 8 Deadlines 9-10 Financial Support Diversity Abroad 11-12 13 Health & Safety 14 Internships





YOUR PATH ABROAD

Get the facts + explore options

Watch our First Step video, explore programs, learn about funding, and much more at Isa.umich.edu/cgis.

Meet with your advisors

Ask your general and departmental academic advisors about which distribution, major, minor, and/or language requirements you can fulfill abroad.

Narrow your search

Compare program details at the CGIS Study Abroad Fair or online at myumi.ch/1bMbV.

Apply

Apply to a CGIS program at mcompass.umich.edu. Questions about financial aid? Email finaid.abroad@umich.edu. Tip: Most LSA students should apply for an LSA Scholarship at the same time they apply

LEARN MORE: PAGE 10

Post-acceptance preparation





Have questions or want help deciding between programs?

Meet with us! Use the QR code below or visit myumi.ch/WJkbw













EXPLORE OPPORTUNITIES

Over 120 programs:

There are many ways to approach choosing your international experience—it all depends on your goals and needs. Be sure to think outside your comfort zone while exploring programs to find the best fit for you.

WHAT'S MOST IMPORTANT TO YOU?



Search by Location

Want to browse our programs by country? Visit our "By Region" pages online at myumi.ch/n7wy5

Accommodate your schedule

Limited by when you can be off-campus?

- Options are available year-round
- Go abroad as short as 3 weeks or as long as an academic year
- Go abroad as early as your first summer, as a senior, or anytime in-between

Search by Fall, Winter, Spring and/or Summer on M-Compass: myumi.ch/1bMbV

GIEU: Get Involved

Want to get involved with local communities and projects that matter? Our GIEU program offers a pragmatic, progressive learning experience combined with valuable community engagement. Earn 2 credits by taking a pre-departure course in the winter paired with 3-4 weeks abroad with other U-M students during the spring.

Apply by December 10th. Learn more at myumi.ch/bRMyk.





Search by Major/Minor

Looking for suggested programs and courses that align with your major or minor? Use our MAPs: Major/Minor Advising Pages, available at **myumi.ch/5Jq9G** or via the QR code, to guide your search! You can also find scholarship information, next steps, and other useful tips to help you get the most out of your program choice.

Student Perspective: Mathematics in Budapest, Hungary

"The academics were very engaging and challenging. I think a strength of the program is that you can tailor your schedule to be as difficult or approachable as you want. I really enjoyed the smaller classes as well, since it made my in-class experiences better!"

New!

International Internships

LEARN MORE: PAGE 14







HERE TO HELP

CGIS advisors can help you choose a program or answer your study abroad questions!

Meet with us: Scan the QR code or visit myumi.ch/WJkbw











GO ABROAD WITH U-M FACULTY + FRIENDS







Fulfill Your LSA Language Requirements Abroad

Make the most of your third- and/or fourth-semester language requirements by completing them abroad in 5-6 weeks over the summer! Enjoy building your language skills during cultural excursions and chats with your host family. Please check all eligibility criteria on the M-Compass program page.

Want to take upper-level French or Spanish with U-M faculty abroad? Learn more: myumi.ch/3Qm2n

EXPLORE ALL 230/232 LANGUAGE PROGRAMS: myumi.ch/NkDrW



Fall 2025 On Campus



Winter 2026 On Campus



Spring 2026 Study Abroad



Spanish/French/Italian 101

Spanish/French/Italian

Spanish/French/Italian

102

230

Spanish/French 102 or 103

Spanish/French

Spanish/French

231

232



Student Perspective: "As a chemistry major, taking Spanish at U-M is really difficult because taking four days of classes a week on top of labs can be really challenging. I wanted to finish it up during the summer, and doing that abroad has been a really incredible opportunity."

Global Course Connections (GCC)

Take what you learn on campus and apply it abroad during a 3 week hands-on international experience for 2 credits!



Tip: GCCs are great for first-time travelers!



Winter 2026 On Campus Spring 2026 Travel Abroad

GCC Programs for 2026

- Vienna, Austria Nuclear Security
- Sao Paulo, Brazil Global Blackness
- Beijing, China Language, Tradition, and Modernity
- Copenhagen, Denmark Reproductive Health
- Paris, France Paris on Film

- Tokyo, Japan Anime to Zen
- Lisbon, Portugal Travel Writing
- Cape Town, South Africa Leadership & Technology
- London, UK UK Healthcare Perspectives







"The places we visited and conversations we had there were all directly related to the material, but the context of being abroad helped build on previous understanding that simply taking the class could not."





All LSA Pell Grant recipients can receive the GCC Grant, which covers the program fee!

LEARN MORE: PAGE 10









LEARN MORE: myumi.ch/z17EA

DON'T LET LANGUAGE SKILLS HOLD YOU BACK!

Avoid language barriers by studying abroad in these English-speaking countries:

- Australia
- Ghana
- Ireland
- New Zealand
- Singapore
- South Africa
- Turks & Caicos Islands
- The United Kingdom

We also offer many programs in non-English-speaking countries with courses taught in English:

AFRICA & THE

- MIDDLE EAST
- Jordan Kenya
- Madagascar
- Morocco
- Tanzania

THE AMERICAS

- Argentina
- Brazil Chile
- Costa Rica
- ASIA-PACIFIC

- Cambodia
- Japan
- South Korea

EUROPE

- Austria
- Iceland Czechia Italy
 - The Netherlands
- Denmark
- France
- Germany
- Greece
- Hungary
- Sweden Switzerland

Spain

Poland



Ricardo - Latin American Societies and Culture in Buenos Aires, Argentina











Leah - Advanced Language & Culture in Madrid, Spain

My advice to future students who are also interested in studying abroad is to follow your passions and create your own experiences that align with your personal goals and values.













Alina - Tropical Island Biodiversity Studies in Isla Colon, Panama

Getting to learn about a place from locals is an unbeatable experience which makes it so easy to explore a country you might never have visited otherwise.







PROGRAM DEADLINES:

Application deadlines vary depending on the type of program. Please visit mcompass.umich.edu to confirm program details as some programs have unique deadlines.

Common program deadlines:

Winter: August 1 - September 15 GIEU/GCC: December 10

Spring/Summer: January 15 or February 1 International Internships: February 1

Fall/Academic Year: March 1





FINANCIAL SUPPORT

There are a variety of tactics you can use to study abroad affordably. By comparing costs between programs and considering your needs, we can help you find the right opportunity at the right cost for you.



OVER 95% of eligible LSA applicants received an LSA Study Abroad Scholarship ranging from \$1,000 to \$10,000 to supplement their financial aid



Ivy - Wildlife Studies in Tanzania

"By receiving the LSA Study Abroad Scholarship, I was able to cover the tuition for my program plus airfare. Since I was going to be unable to work during the summer, the funds provided made it easier to purchase what I needed for the program in Tanzania. I met many wonderful people from across the country during this program, and when we were discussing money and financial aid, I realized how lucky I was. Thanks to this, I was able to go and learn as much as I could about wildlife management."



Kelsey - Spanish 230 in Buenos Aires, Argentina

"The LSA Study Abroad Scholarship didn't have a small impact on my experiences abroad; it is what made those experiences possible. As a first-generation, low-income student from rural Northern Michigan, I had never considered the possibility of international study, assuming it would be far too expensive. After receiving encouragement from my advisors, though, I applied and was very fortunate to receive assistance in covering costs of housing, travel, and program fees. Thanks to this scholarship, I was able to complete this program and benefit from all that it had to offer me - professionally, intellectually, and individually."



Program fees vary program by program—a program may cost more or less depending on factors such as program type, length, and destination. In-state or out-of-state student status can also influence which programs may be most affordable for you!

Explore Details: Visit mcompass.umich.edu to find detailed budget sheets for each program on the program's brochure page under Finances. Costs typically include tuition, fees, insurance, and housing.



You can apply most U-M-awarded financial aid—grants, loans, and scholarships—to the cost of studying abroad.

Get Started: Fill out the Study Abroad Estimate Worksheet (myumi.ch/XnkER) and send it to finaid.abroad@umich.edu to see how much aid you'd be eligible for.



LSA Study Abroad Scholarship:

Learn more + apply: myumi.ch/ezEN2

GCC / GIEU Grant: All LSA Pell Grant recipients who participate in a GCC or GIEU program can receive the GCC/GIEU Grant which covers the program fee portion. Students must apply for the LSA Study Abroad GCC or GIEU Scholarship to be eligible.

Questions? Schedule an appointment with an LSA Scholarships advisor at myumi.ch/Ww1M7.



There are many other valuable funding opportunities available! Explore additional funding at myumi.ch/y2y5w or via the QR code.



Tip: Look into scholarships from your college and department, program-specific scholarships, and national awards.

DIVERSITY ABROAD

Once abroad, many people notice a difference in the way their identity is perceived by the host culture and may also experience a shift in their most salient identities.

CGIS is dedicated to providing students with the resources and tools to navigate their identity abroad and make the most of their international experience.

RESOURCES & TOOLS

CGIS Advisors

Meet with us: myumi.ch/WJkbw

We encourage all students to chat with CGIS advisors about how their identity may impact their study abroad experience.

Identities Abroad Pages

Explore: myumi.ch/Pr2D7

Explore resources, research, and student quotes on a variety of identity-specific topics such as disabilities, racial and ethnic identities, first-generation students, religious identities, LGBTQIA+, and more in various regional contexts around the world.

THE CGIS BLOG

Read about the real-life experiences of U-M students on our blog! Learn how others navigated their identities abroad by searching various tags such as Ethnicity, Nationality, Sexual Orientation, Spirituality, and more.

Read more from Ryan and others at myumi.ch/J8Mqw



Ryan - Sciences Po in Paris, France

"Paris presented me with an opportunity to fully embrace myself. As a foreigner in France, I was forced to think more about my identities. What does it mean to be an American or a student or even a gay man? It took going out of the country to reflect on what my place was back home."

THE CGIS BRIEF

Check out our videos about unique topics that might be part of your study abroad journey!



She, he, they? Navigating Pronouns in Gendered Languages



Exploring Programs: Tips & Tricks



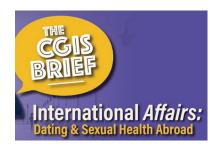
Student Athletes Abroad



Fat Bodies Go Abroad



The Colonial Roots of Study Abroad



International Affairs: Dating & Sexual Health Abroad

Explore videos at myumi.ch/j7y6m

BEFORE YOU CHANGE THE WORLD, GET TO KNOW IT.

Your generation has inherited challenges that are global in scale, including climate change, racial and economic inequalities, and more. The question is, how can you take action?

Study abroad encourages you to experience differences and process them alongside others trying to do the same. This is your chance to connect with others while experiencing first-hand the positive and negative global impacts of everyday actions, all in an environment that's there to support you and your growth.

Observe how other countries are approaching these issues:

If you're looking to immerse yourself in another culture, CGIS has plenty of meaningful experiences to offer you. Here are a few suggestions to consider, although there's no shortage of programs to choose from. Keep in mind: No matter the program, the more you put in, the more you'll get out of your experience!

- GCCs LEARN MORE: PAGE 6
- GIEUs LEARN MORE: PAGE 3
- Programs with Homestays
 Language programs often include a
 homestay! LEARN MORE: PAGE 5

HEALTH, SAFETY & WELLBEING ABROAD

DID YOU KNOW?

Many students report feeling safer while abroad than in the US!

CGIS is dedicated to your well-being before, during, and after your time abroad. We can answer your questions and/or provide resources about:

- Allergies/dietary needs
- Disability accommodations
- General medical needs
- GeoBlue Health Insurance
- Health & safety requirements
- Identity-specific concerns

- Independent travel
- Mental health/wellbeing concerns
- Onsite emergency management
- Safety concerns
- Scheduling medical appointments abroad, including therapy and much more!



Risk Mitigation Manager reuterra@umich.edu

Accommodations Abroad

If you receive academic accommodations at U-M, such as extra time on tests, many (though not all) study abroad programs can offer the same or similar accommodations abroad. You should discuss this with Services for Students with Disabilities (SSD) & CGIS advisors.

Learn more

For more information, visit the Health & Safety section of our website at myumi.ch/y2WnP.



Emma - How I Studied Abroad with an Autoimmune Disease

"A common misconception for students registered with Services for Students with Disabilities (SSD) is that we can't study abroad. As someone with a 'severe' autoimmune condition, I would like to share my journey and tips of how I made study abroad work for me. Thinking ahead will be your best friend when you want to study abroad. [...] Every CGIS advisor I've worked with has been incredibly helpful when it comes to accommodations. [...] The key here is to make detailed plans. I highly recommend downloading the GeoBlue app ahead of time, they have some really great care options available wherever you are studying abroad."

Read the rest of Emma's tips and other student stories on the CGIS Blog: myumi.ch/J8Mqw

INTERNATIONAL INTERNSHIPS

Kickstart your career journey by going abroad in the spring term on an 8+ week internship placement with a concurrent seminar.

Why intern abroad

Many professional skills are amplified by intercultural learning! In fact, **64%** of employers value an international experience in recruitment, and **92%** of employers are looking for transversal skills commonly built abroad (*Erasmus impact study*).

- **Versatility:** Living in another country hones your ability to adapt to unfamiliar people, places, and cultures.
- **Problem-Solving:** Encountering new challenges abroad strengthens skills such as independence and confidence.
- **Teamwork:** Working with people from diverse cultures and backgrounds helps you develop cultural sensitivity, which leads to better communication and even leadership skills.

FAQs

What is a for-credit internship?

These internships allow you to earn 3-6 U-M credits while gaining important work experience and skills abroad. The experience also includes a seminar focused on adapting to differences between the work cultures of the US and your host country.

Why are they unpaid?

There are many rules surrounding student visas and paid work, so in order to maintain student visa status abroad, these internships are unpaid. However, we realize students' need for high-value internships, which is why these are for-credit.

Is funding available?

Yes! The LSA International Internship Scholarship can offset or cover internship costs. Students who choose the 6 credit option can also use federal/institutional financial aid.

What are they like? What's offered?

Positions can range from research and marketing, to sustainability, technology, international relations, and more. As you step into a high-impact role, you can expect support from not only your internship placement, but also your seminar leaders.

LEARN MORE: myumi.ch/QqA6y

Student Perspectives

"I have gained valuable work experience through this program and also been able to push myself out of my comfort zone. I think others should choose this experience if they want a balance between study abroad and gaining work experience without having to leave for an entire semester."

"I love this program. I think I am given great opportunities for learning and becoming active in the community. I really enjoy my position and the excursions we get to be involved in."



"Interning abroad is a great way to gain real world experience, as is any internship. This opportunity, however, is unique because I'm also experiencing a new culture. I have learned about my future profession and put my education into practice while living in a new city that I can explore outside of work."

#1 Public University

for education abroad in the US

(Open Doors Data 2024)



Over 120 programs worldwide



For all majors and disciplines



Ranging from a few weeks to an academic year



Gain valuable career and life skills

